

Department Of Rognidan – Vikriti Vigyan

R. A. Podar Medical (Ayu) College, Worli, Mumbai-400018

Departmental activities Jan 2025 till date

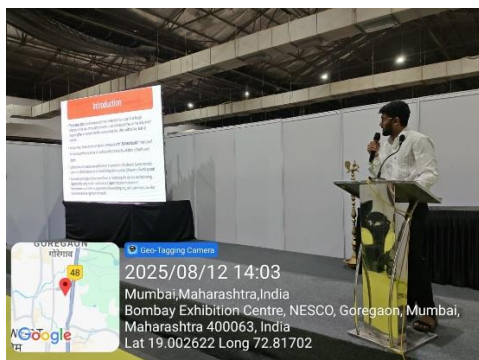
1) **28-08-25: Lecture- Funding Proposal Writing**

A lecture was conducted to guide faculty members and PG scholars in preparing effective proposals for research funding. The resource person highlighted key aspects such as identifying suitable funding agencies, structuring proposals, defining objectives, methodology, budget preparation and demonstrating expected outcomes.



2) **12-08-25: National Seminar – Ayush Expo (Paper presentation and lectures)**

Faculties of department delivered lectures and PG and UG students presented papers.



3) **08-08-25: Camp – Osteoporosis screening**

PG students of our department attended Osteoporosis Screening Camp organised by CCRS, where patients were tested for BMD. Proper history

was taken followed by appropriate line of treatment prescribed to patients.



4) 28-07-25 to 02-08-25: Advanced Research and Methodology workshop

Faculties of our department attended this workshop where the sessions were conducted by eminent resource persons who highlighted various aspects of research design, data collection methods and statistical tools



5) 22-07-25 to 24-07-25: Basic HSET Workshop

Faculties of our department attended this workshop with the aim of enhancing essential academic skills and professional development in the field of higher education.



6) **22-06-25 to 24-06-25: Varakari Medical Camp, Saswad**

PG students of our department served approx. 5000 people of Varakari community by providing health check-ups and treatments like Snehan, Agnikarma and Viddhakarma.



7) **20-06-25: Yoga day – Essay Writing Competition**

On occasion of Yoga Day, an Essay Writing Competition was organized by department with the aim of encouraging creative thinking, writing skills, and awareness about Yoga benefits among students. The competition witnessed enthusiastic participation from students, who expressed their views on the given topic i.e., Yoga Practice in day-to-day life: Benefits and Challenges.



8) **07-04-25 to 09-04-25: Basic Research and Methodology workshop**

Faculties attended this workshop with the objective of introduction to fundamental concepts of research. Resource persons emphasized the importance of research ethics and systematic methodology in producing quality academic work.