

Events conducted by Sanskrit, Samhita & Siddhant Department

Dhanwantari Poojan & Samhita Pathan

- On the auspicious occasion of Dhanwantari Jayanti and the 9th Ayurveda Day (29/10/2024), the Department of Sanskrit, Samhita & Siddhant, R. A. Podar Ayurveda College, organized Dhanwantari Poojan followed by Samhita Pathan. The program was conducted with devotion and enthusiasm, highlighting reverence to Lord Dhanwantari and the timeless wisdom of the Ayurvedic Samhitas. Faculty members Dr. Narayan Sabu (HOD, Sanskrit Samhita Siddhant Dept.), Dr. Madhuri Pachghare, Dr. Shital Nathgosavi, Dr. Sumant Khardenavis, Dr. Priya Naik, Dr. Jyoti Bande, students, and staff actively participated in the event, reinforcing the rich tradition and values of Ayurveda.



Mumbai, Maharashtra, India

Dr Annie Besant Road, Worli, Mumbai,
400018, Maharashtra, India

Lat 19.003144, Long 72.816604

10/29/2024 12:41 PM GMT+05:30

Note : Captured by GPS Map Camera



E-Poster Competition on the Occasion of International Yoga Day 2025
Organized by: Sanskrit Samhita Siddhant Department, R.A. Podar Medical College

(Ayu), Worli, Mumbai

Date: 17th – 21st June 2025

Mode: Online / Virtual Platform

The Sanskrit Samhita Siddhant Department of R.A. Podar Medical College (Ayu), Worli, Mumbai, successfully organized an E-Poster Competition to celebrate International Yoga Day 2025. Centered on the theme **"Yama and Niyama for Mental Wellbeing,"** the event aimed to promote awareness about yoga, mental health, and digital creativity among students.

A total of six students participated, showcasing innovative and artistic digital posters. Entries were judged based on creativity, accuracy, originality, visual appeal, and relevance to the theme.

Judging Panel:

- Dr. Rajesh Kolarkar (HOD, Sanskrit Samhita Siddhant Dept.)
- Dr. Madhuri Pachghare (Associate Professor)
- Dr. Shital Nathgosavi (Associate Professor)

Winner:

- **1st Prize:** Ms. Disha Bansal (1st BAMS)

All participants received certificates, and the winner was awarded a special certificate and prize. The event concluded with a felicitation session and a vote of thanks delivered by Dr. Madhuri Pachghare, appreciating the enthusiasm and creative efforts of all students.



Charak Jayanti 2025 Celebration

Organized by: Sanskrit Samhita Siddhant Department

R.A. Podar Medical College (Ayu), Worli, Mumbai

Date: 29th July 2025

The Sanskrit Samhita Siddhant Department of R.A. Podar Medical College (Ayu), Worli, Mumbai, proudly celebrated **Charak Jayanti 2025** with great enthusiasm and reverence. The event highlighted the timeless contributions of **Acharya Charak**, the pioneer of Ayurvedic medicine.

- The celebration began with the **Dhanvantari Poojan and Acharya Charak Poojan**, performed by **Dean Dr. Sampada Sant, Dr. Rajesh Kolarkar (HOD, Sanskrit Samhita Siddhant Dept.)** and other esteemed dignitaries. This was followed by the soulful recitation of **Charak Stavan**, invoking the spiritual and scholarly essence of Ayurveda.

As part of the academic activities, two competitions were conducted:

- **E-Poster Presentation Competition** on the theme “□□□□□□□□ □□□□□□□□□□”
- **Quiz Competition** focused on classical Ayurvedic texts and principles

Both events witnessed active participation from students, showcasing their knowledge, creativity, and reverence for Ayurvedic tradition.

The celebration served as a meaningful platform to honor the legacy of Acharya Charak and to inspire the next generation of Ayurvedic scholars.





E-Poster Presentation Competition on the Occasion of Charak Jayanti 2025

Organized by: Sanskrit Samhita Siddhant Department,
R.A. Podar Medical College (Ayu), Worli, Mumbai

Date of Presentation: 29th July 2025

Mode: Online Platform

Theme: “□□□□□□□□ □□□ □□□□□□□□”

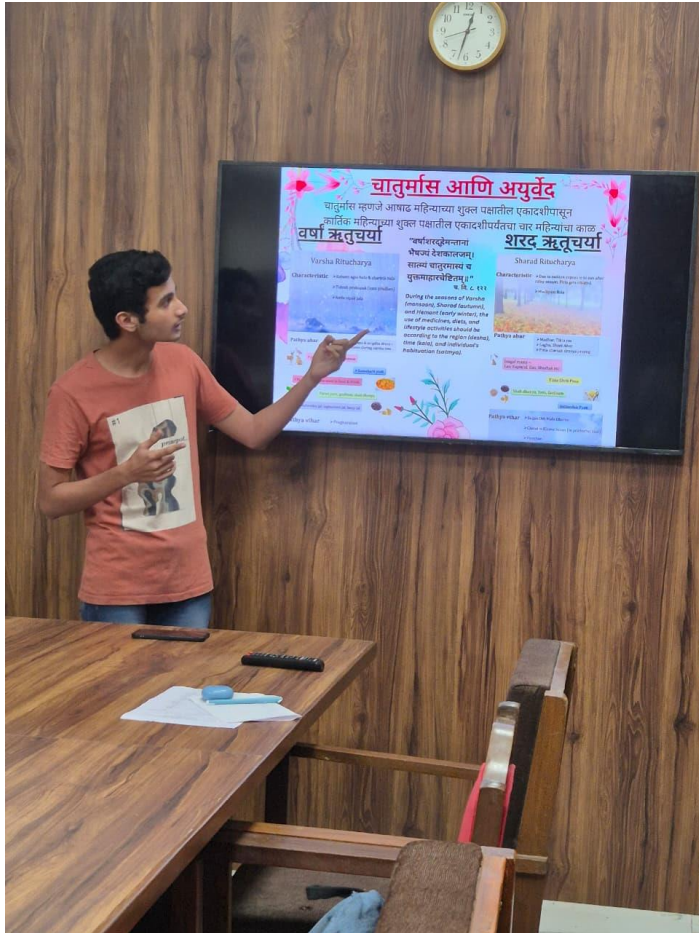
The Sanskrit Samhita Siddhant Department of R.A. Podar Medical College (Ayu), Worli, Mumbai, successfully conducted an **E-Poster Presentation Competition** on the occasion of **Charak Jayanti 2025**. The event aimed to celebrate the wisdom of Acharya Charak and promote scholarly engagement with classical Ayurvedic concepts among students.

The competition was centered on the theme “□□□□□□□□ □□□ □□□□□□□□”, encouraging participants to explore the seasonal regimen and its relevance in Ayurveda. Posters were presented in a **16:9 format (PDF)**, emphasizing **visual content with minimal text**, aligning with the modern digital design approach.

Each participant was given **5 minutes** for presentation followed by **2 minutes** of Q&A. The event saw enthusiastic participation, with students showcasing insightful interpretations and artistic representations of Ayurvedic principles related to Chaturmas.

Entries were evaluated based on **content accuracy, creativity, visual appeal, and relevance to the theme**. All participants received certificates in recognition of their efforts and scholarly contributions.

The event concluded on a successful note, reaffirming the department’s commitment to promoting academic excellence and creative expression in the field of Ayurveda.





Basic Workshop on Health Sciences Education Technology (HSET)



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A **Basic Workshop on Health Sciences Education Technology (HSET)** was conducted on **22nd–24th July 2025**, jointly involving teaching faculties from **KEM Hospital, Nair Hospital, and R. A. Podar Ayurveda College**. The program focused on advancing teaching–learning methodologies in health sciences. A total of **30 participants** attended, including several Ayurveda professors who actively engaged in the sessions. The workshop was organized under the guidance of the **Department of Sanskrit, Samhita & Siddhant**.

Workshop on “Funding Proposal Writing for Academic and Research Excellence”



The **MET Cell, R. A. Podar Ayurveda Medical College, Mumbai**, organized a workshop in collaboration with **CCRAS** on **28th August 2025** at the Golden Jubilee Hall. The program aimed to enhance skills in research funding proposal writing,





The **Department of Sanskrit, Samhita & Siddhant, R. A. Podar Ayurveda College**, organized a guest lecture on “**Diabetes Management and Advances**” by **Dr. Gurudatta Amin, CMO, Madhavbaug Heart Care**. The session was conducted for **UG and PG students** of the college, providing valuable insights into contemporary approaches and Ayurvedic perspectives in managing diabetes.

Participation in AYUSH Expo – Goregaon



The **Department of Sanskrit, Samhita & Siddhant, R. A. Podar Ayurveda College**, actively participated in the **AYUSH Expo at Goregaon**. Faculty members **Dr. Rajesh Kolarkar (Chairperson)**, **Dr. Madhuri Pachghare (Co-chair)**, **Dr. Jyoti Bande (Coordinator)**, **Dr. Priya Naik**, and **Dr. Shital Nathgosavi** contributed through **paper presentations and lectures**.

Postgraduate students **Yogini R. Patil**, **Prajakta R. Kokare**, and **Pranali M. Joshi** also presented papers, while undergraduate students showcased posters in various categories such as **Shukla Dhanya Varg**, **Manas Varg**, **Aushadh Varg**, **Shak Varg**, and **Shimbi Varg**. The active participation of faculty and students highlighted the department's commitment to academic excellence and Ayurveda promotion.