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## Transitional Curriculum (22 Nov To 8 Dec 2023)

Date	10-11	11-1	2-3	3-4	4-5
22 Nov	Inauguration & Introduction		Pre test Introduction of Transitional curriculum	Intro of Institute	Institute office & their roles in hiararchy
23 Nov	Time Management	Sanskrit	Importance of Ayurved in present era	Library orientation & Introduction	Visit to campus
24 Nov	Introduction to various medical system	Sanskrit	Rules & Regulation of campus	Code of conduct & dress code	Visit to campus
25 Nov	Overview of BAMS curriculum & Syllabus	Sanskrit	Introduction to NCISM	Personality Development	Visit to campus
28 Nov	Time Management	Sanskrit	Introduction to Philosophy	Intelligence Quotient(I.Q)	Visit to campus
29 Nov	Stress Management	Sanskrit	Role of Ayush in Public health	Activities of CCRAS	Cosmetology In Ayurve
30 Nov	Opportunities & Scope After BAMS	Sanskrit	Gender Sensitisation	Introduction to Ayush in Primary health care	Orientation to Learning Method
1 Dec	Personal Growth	Sanskrit	Goal Setting	Basic life support	Basic life support
2 Dec	Yoga Introduction	Sanskrit	Inter personal Relationship	Role of Student in nation Building	Team Building
4 Dec	How to Study Ayurveda	Sanskrit	Intro to MUHS	Disaster Management	Health & Hygiene
5 Dec	Legal Medicine (Law & Medical Science)	Sanskrit	Panchkarma Introduction	Medicine Preparation	Emotional Intelligence
6 Dec	Scope in Ayurved practice (Motivation)	Sanskrit	National health Status Policies	Medical ethics	Cyber Crime awareness and prevention
7 Dec	Communication Skill	Sanskrit	Introduction to MCIM	Artificial Intelligence	Good Habits
8 Dec	Basic of Computer	Sanskrit	Secret of sucess	Power of Mind	Relaxation Technique mindfulness
9 Dec	Critical Thinking	Sanskrit	Post Test	Veledictory Function	

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वरका, पुवान्दर .