

MODIFIED ON 09TH JUNE, 2023 (FILE 1)

**FOLLOWING IS THE INFORMATION OF KAYACHIKITSA DEPARTMENT
FOR PODAR WEBSITE UPGRADATION:**

1)INTRODUCTION:

Defination:

“Kayachikitsa” is the first branch of Ashtang Ayurved that deals with general medicine, where “Kaya” means body and “Chikitsa “means treatment.

“Kayachikitsa”deals with the diagnosis and treatment of a variety of disorders like Skin disorders, Diabetes and other Lifestyle disorders, General medical disorders, Arthritis and Joint disorders.

FACULTY: NAMES WITH DESIGNATIONS AND SPECIALITES WITH PICTURES:



Dr. Geeta Parulkar (HOD & Prof) at the center, Dr. Sunil Bhaskare (Asso. Prof.) at her right, Dr. Minakshi Rewdkar-Kole (Asso. Prof.) at her left, Dr. Dilip Wange (Asso. Prof.) at the second right, Dr. Aarti Datve (Asst. Prof.) at the second left, Dr. Aishwarya Sathe (Contractual Asst. Prof.) at the right front, Dr. Harsha Singh (Contractual Asst. Prof.) at the left front & Mr. Dinesh Pardesi (Technician) in standing position.



Dr. Mukund Magare (Asso. Prof.) at the center in Departmental Function



Mr. Bajirao Ghadge (Kayachikitsa Department Employee)

1.Dr Geeta Parulkar, MD (Chikitsa), PhD (Chikitsa) (HOD &Professor)

- **Speciality:** Hyperacidity,Gastritis
- **Superspeciality:** Allergic Bronchitis, Bronchial Asthma , Lipid Metabolic Disorders

- **21 Peer reviews:**

Sr. No.	Journal	Article Title	Peer Review Date
1	JPRI 68591	STUDY ON PREVALENCE OF HYPERLIPIDEMIA AMONG MEDICAL PROFESSIONAL IN WARDHA DISTRICT – A STUDY PROTOCOL	21/05/2021
2	JPRI 68578	ASSESSMENT ABOUT KNOWLEDGE OF PANCHKARMA IN ASHA WORKERS & THEIR SENSITIZATION WITH PANCHKARMA MODULE IN WARDHA TALUKA	22/05/2021
3	JAMPS 71717	EFFICACY OF HERBAL MOUTHWASH WITH EXTRACTS OF CORIANDRUM SATIVUM, MINT AND CLOVE IN THE TREATMENT OF CHRONIC GINGIVITIS - A CLINICO-MICROBIOLOGICAL TRIAL	19/07/2021
4	JPRI 72766	AYURVEDA CONCEPT OF MEDOROGA WITH SPECIAL REFERENCE TO OBESITY AND RELATED COMPLICATION AND THEIR MEDICAL MANAGEMENT	11/08/2021
5	JPRI 73572	PREVALENCE, COST AND FACTORS TO USE INDIAN TRADITIONAL MEDICINES FOR ANTICANCER TREATMENT	28/08/2021
6	JPRI 73539	ROLE OF HERBAL MEDICINES ON MALE INFERTILITY	30/08/2021
7	JAMPS 76756	PHYTOCHEMICAL, BIOCHEMICAL AND BIOLOGICAL EVALUATION OF FIVE HERBAL BITTERS SOLD IN PHARMACY SHOPS IN EASTERN NIGERIA	03/11/2021
8	JPRI 79456	A SYSTEMATIC REVIEW ON THE ETHNOBOTANICAL STUDY OF MEDICINAL PLANTS USED FOR THE TREATMENT OF INTESTINAL PARASITIC DISEASES IN ETHIOPIA	24/12/2021
9	JPRI 79370	EVALUATION OF LUNG FUNCTION TEST IN ZUMBA DANCERS	01/01/2022
10	EJMP-84318	PHARMACOLOGICAL AND THERAPEUTICAL POTENTIAL OF HERBAL COGNITIVE ENHANCER	20/02/2022
11	JPRI-90331	'KADUKKAI- TERMINALIA CHEBULA RETZ. (ELIXIR OF REJUVENATION) – A GIFT OF SIDDHA MEDICINE '	05/08/2022
12	JAMMR_94451	ORAL MAGNESIUM SUPPLEMENTS FOR MANAGEMENT OF PEDIATRIC ASTHMA PATIENTS	5/12/2022
13	AJARR_94802	'THE EFFECT OF TEA ADDITIVES AND DECOCTION TIME ON THE	13/12/2022

		ANTIOXIDANT ACTIVITY OF TRADITIONAL LIBYAN TEA'	
14	EJMP_94800	REVIEW ON HERBAL REMEDIES FOR DYSENTERY AND DIARRHEA FROM THE MELGHAT REGION OF MAHARASHTRA STATE, INDIA	14/12/2022
15	JPRI_96298	SUTIKA WELLBEING WSR TO INVOLUTION OF UTERUS- A PILOT STUDY	5/02/2023
16	JABB_96856	ETHNO-BOTANICAL SURVEY OF PLANTS USED FOR THE TREATMENT OF SEXUALLY TRANSMITTED DISEASES IN THE SUDAN SAVANNAH REGION OF NIGERIA	15/02/2023
17	MS_JAMMR_97138	EFFECT OF BUDESONIDE INHALATION ON ASTHMATIC CHILD: A RANDOMIZED CONTROLLED TRIAL	08/03/2023
18	Ms_AIR_98002	CHONDROPATHY: THE ROLES OF FIBROBLAST GROWTH FACTOR RECEPTORS-3(FGFR3) IN SKELETAL DYSPLASIA SPECTRUM	22/03/2023
19	Ms_JPRI_98306	A BRIEF REPORT ON HYPERLIPIDEMIA AND INDUCING MODELS- INVITRO AND INVIVO	25/03/2023
20	Ms_EJMP_99076	ETHNOBOTANICAL STUDY ON AWARENESS OF MEDICINAL PLANTS USED TO TREAT URINARY TRACT INFECTION AND MICROBIAL INFECTIONS IN BIHARAMULO DISTRICT	20/04/2023
21	Ms_AJRAF_99903	ASSESSMENT OF FOREST TREE SPECIES IN SEMI-ARID REGION OF NIGERIA WITH POTENTIAL OF ENRICHING ORGANIC COSMETIC PRODUCTION	11/05/2023

- **Awards:**

1. AS AN ORGANISER FOR CONDUCTING CME AT WORLD AYUSH EXPO ON 6TH MARCH, 2022 AT NEHRU SCIENCE CENTRE, WORLI MUMBAI.
2. AS AN ORGANISER FOR OPERATING FREE MEDICAL OPD ON 11TH OF JUNE, 2022 AT WORLD AYUSH EXPO AND SUMMIT, NESCO COMPLEX GOREGAON EAST, MUMBAI
3. AS AN ORGANISER FOR OPERATING FREE MEDICAL OPD AND HB DETECTION CAMP AT WORLD AYUSH EXPO ON 23 DECEMBER, 2023 AT NEHRU SCIENCE CENTRE, WORLI, MUMBAI.

4. AS JUDGE FOR POSTER PRESENTATION AT NATIONAL SEMINAR ON LIFESTYLE DISORDERS, ON 17TH FEBRUARY, 2023 AT DY PATIL INSTITUTE, NAVI MUMBAI.

Activities:

1	6 TH MARCH, 2022	CME IN MEGA MUMBAI WORLD AYUSH EXPO PROGRAMME IN KAYACHIKITSA ORGANISED BY DR. GEETA PARULKAR WITH CENTRAL GOVERNMENT AT NEHRU SCIENCE CENTRE, WORLI, MUMBAI (AWARDED FOR THE SAID)
2	19 TH & 20 TH APRIL, 2022	CME IN RESEARCH METHODOLOGY AND STATISTICS ORGANISED BY DR. GEETA PARULKAR IN COLLABORATION WITH MUHS, NASHIK, FOR PG STUDENTS OF PODAR INSTITUTE , AT R. A. PODAR MEDICAL COLLEGE, MUMBAI-18
3	20 TH APRIL, 2022	ESSAY COMPITITON FOR PG STUDENTS ON “COVID-19 SYNDROME” ORGANISED BY DR. GEETA PARULKAR AT KAYACHIKITSA DEPARTMENT, R. A. PODAR MEDICAL COLLEGE, MUMBAI-18 (AWARDED FOR THE SAID)
4	11 TH JUNE, 2022	WORLD AYUSH EXPO AND SUMMIT PROGRAMME, IN KAYACHIKITSA ORGANISED BY DR. GEETA PARULKAR WITH CENTRAL GOVERNMENT, AT NESCO COMPLEX, GOREGAON EAST, WORLI, MUMBAI (AWARDED FOR THE SAID)
5	21 ST ,22 ND &23 RD DECEMBER, 2022	FREE MEDICAL & HAEMOGLOBIN DETECTION CAMP FOR PUBLIC & FLIPPED CLASSROOM FOR IMPORTANCE OF AYURVEDIC PRODUCTS FOR UG STUDENTS , ORGANISED BY DR. GEETA PARULKAR WITH CENTRAL GOVERNMENT AT AYUSH NATURAL WORLD EXPO AND CONFERENCE, NEHRU SCIENCE CENTRE, WORLI, MUMBAI
6	16 TH and 17 TH FEBRUARY, 2023	POSTER PRESENTATION SESSION JUDGESHIP IN NATIONAL SEMINAR ON LIFESTYLE DISORDER, ORGANISED AT D.Y. PATIL AYURVED COLLEGE, NERUL, NAVI-MUMBAI (AWARDED FOR THE SAID)

2.Dr. Sunil Bhaskare,MD (Chikitsa), PhD (Chikitsa), (Associate Professor)

Speciality: Vatodara can be correlated to Mild Ascitis

Superspeciality: Amavata Chikitsa can be correlated to Rhumatoid Arthritis

3.Dr. Mukund Magare, MD (Chikitsa), (Associate Professor)

Speciality: Amavata Chikitsa can be correlated to Rhumatoid Arthritis

4.Meenakshi Rewadkar-Kole, MD (Chikitsa) ,(Associate Professor)

Speciality: Vatrakta Chikitsa

- DR. MEENAKSHI REWDKAR-KOLE ORGANIZED FOLLOWING GUEST LECTURE EVENTS ARE AS FOLLOWS

SR. NO.	DATE	TOPIC	LECTURER NAME
1.	8-04-2022	DIABETES MELLITUS	GUEST SPEECH CONDUCTED BY DR. ONKAR KOLE (MBBS, MD MEDICINE)
2.	26-04-2022	PNEUMONIA	GUEST SPEECH CONDUCTED BY DR. RAJIV MATHUR (PULMONOLOGIST JASLOK HOSPITAL)
3.	12-10-2022	THYROID DISORDER	GUEST SPEECH CONDUCTED BY DR. ERA DHAMDHERE (MBBS, MD MEDICINE)

- DR. MINAKSHI REWDKAR-KOLE & DR. AARTI DATYE ORGANISED FREE MEDICAL CAMP FOR SKIN DISEASES AT M.A. PODAR (GOVT.) HOSPITAL, WORLI, MUMBAI-18 DATED 24/02/2022.

5.Dr. Dilip Wange MD (Chikitsa), (Associate Professor)

Speciality: Vataj Kasa Chikitsa

6.Dr Aarti Datye, MD (Chikitsa), (Assistant Professor)

Speciality: Pandu w.s.r. Iron deficiency Anaemia

- DR. AARTI DATYE & DR. MINAKSHI REWDKAR-KOLE ORGANISED FREE MEDICAL CAMP FOR SKIN DISEASES AT M.A. PODAR (GOVT.) HOSPITAL, WORLI, MUMBAI-18 DATED 24/02/2022.

7.Dr. Harsha Singh, MD (Chikitsa), (Contractual Assistant Lecturer)

Speciality: Grudhrasi Chikitsa

8.Dr. Aishwarya Sathe, MD (Chikitsa), (Contractual Assistant Lecturer)

Speciality: Bahupitta Kamala Chikitsa

2) HIGHLIGHTS:

SPECIAL TREATMENT/ PROCEDURES/ SPECIALITY:

Special Treatment:

1. As an educational institution for UG, PG, PhD (Sch.) in different Camps as follows;

- A. Vamana Camp (Emesis Therapy)
- B. Virechana Camp (Purgation Therapy)
- C. Basti Camp (Oil and Decoction Enema Therapy)
- D. Nasya (Nasal Insufflation Therapy)
- E. Siravedha Camp (Blood-letting Therapy)
- F. Jalaukavacharana Camp (Leech Therapy)

2. Medical Services for Different Ailments in Outdoor and Indoor Male Medical, Female Medical and Special Wards.

3. Free Medical Services for Public Awareness outside Podar by Kayachikitsa Teachers and PG Students.

- Camp to rule out / to conquer:
Sthaulya (Obesity), Medovridhi (Hyperlipidemia), Medodushti (Dyslipidemia), Madhumeha (Diabetes Mellitus), Uchcharaktadaba (Hypertension), Hridroga (IHD) etc.
- Camp to rule out/ to conquer any Fever like Vishama Jwara (Malaria, Typhoid, Dengue, Viral fever) etc.
- A. To discuss the importance of Ayurvedic Kalpas with public, For e. g. Swarna Kalpas (Vasantkusumakar Rasa, Swarnamaliniwasant Rasa, Brihatvatichintamani Rasa etc)
- B. Camp to rule out / to conquer Twak Vikaras (Skin Disorders) Camp- [Eczema (Vicharchika), Psoriasis (Kilas), Dadru (Fungal Infection), Shwitra (Leucoderma) etc.
- C. Camp to cure ailments like Kamala (Jaundice), Alpa Yakruta Shotha (Mild Viral/Alcoholic Hepatitis), Alpa Mutravaha Sanstha Vikaras (Mild Kidney Diseases) etc.
- D. Rasayana Therapies (Geriatric Medicine for Immunomodulation)
- E. Vajikarana Therapies (Aphrodisiac Medicine for Secondary Sterility).
- F. Management of Senior Citizen (Age-related ailments) like Arthritis (Osteo/ Rheumatoid/ Rheumatic/ Gouty), Spondylosis (Cervical/ Dorsal /Lumbar) Osteoporosis, Musculoskeletal Disorders, Neuromuscular Disorders, Nervine Disorders, etc.
- G. Hb Detection Camp to detect Anaemia / As a Routine Investigation
- H. RBS Detection Camp to detect Diabetes Mellitus / As a Routine Investigation
- I. BMD Camp to detect Osteoporosis and predict risk for bone fracture.

Procedures:

1. Vamana
2. Virechana
3. Basti (Anuvasana and Niruha)
4. Nasya
5. Raktamokshana (Siravedha & Jalaukavacharana)

Panchakarma Pooraka Upakrama (Manyabasti/ Katibasti/ Janubasti / Shirodhara/ Shirobasti / Lepachikitsa etc)

Facilities:

A) Investigation Facility (Pathological & Biochemical) (In day time except bank holidays and Sunday)

B) RBS Facility

C) ECG Facility

D) O₂ Facility

E) X-ray Facility (In day time except bank holidays and Sunday)

D) Injection Facility

Number of patients treated/ attended per month:**TOTAL NUMBER OF PATIENTS (FROM JANUARY 2022 TO DECEMBER 2022)**

MONTH	OPD	IPD
JANUARY 2022	2385	Wards were Quarantine sites in this period
FEBRUARY 2022	2414	Wards were Quarantine sites in this period
MARCH 2022	2506	34
APRIL 2022	2442	108
MAY 2022	1597	27
JUNE 2022	2684	58
JULY 2022	1144	102
AUGUST 2022	2075	81
SEPTEMBER 2022	3311	77
OCTOBER 2022	2933	20
NOVEMBER 2022	1310	17
DECEMBER 2022	2941	75
TOTAL= 28,341	27,742	599

3) ACHIEVEMENT:

- PG, PhD Courses: Synopsis/ Thesis current year
- Papers published
- Awards

MD STUDENT'S ACHIEVEMENT UNDER UNIT NO.1

1.ACHIEVEMENT BY DR. MANISHA INGLE

M.D. (SCHOLAR) PASSED IN 2023

UNDER DR. GEETA PARULKAR (GUIDE)

- **THESIS:**

“A RANDOMISED CONTROLLED CLINICAL STUDY TO SEE THE EFFECT OF MUSTADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA”

- **PAPERS PUBLISHED:**

1.AYURVEDIC DIET REGIMEN FOR IMMUNOMODULATION IN COVID-19 PANDEMIC- A REVIEW “

(IJSR, VOLUME-10, ISSUE- 08, PAGE NUMBER-54,55)

1 KAISHORE GUGGULU-A BENEFICIAL POLYHERBAL DRUG”

(IJA (KIBAN RESEARCH PUBLICATION, VOLUME- 06, ISSUE -09, PAGE NUMBER-01- 04)

3. “TO STUDY THE EFFECT OF OLEATION AND FOMENTATION ON OPD BASIS PATIENTS IN COVID-19 PANDEMIC”

(IJSR, VOLUME- 10, ISSUE- 11, PAGE NUMBER -18,19)

- **PRESENTATIONS:**

- **Oral Presentations:**

- 1. “EFFECT OF AYURVEDIAYURVEDIC MANAGEMENT (SIRAVEDHA & SHAMANA CHIKITSA) IN PSORIASIS, THE AUTOIMMUNE DISEASE- A CASE REPORT”

- 2. “AYURVEDIC MANAGEMENT OF LUMBAR SPONDYLOSIS -A CASE STUDY”

2. ACHIEVEMENT BY DR. SAYALI PINGALE.

M.D. MEDICINE

UNDER DR. GEETA PARULKAR (HOD KAYACHIKITSA) AND DR. DILIP WANGE (GUIDE)

- **THESIS:**

"AN OPEN CLINICAL STUDY TO EVALUATE THE EFFICACY OF SHATAPAKI GUDUCHI TAIL IN MANAGEMENT OF MADHUMEHA W.S.R TO DIABETES MELLITUS TYPE 2".

- **PAPERS PUBLISHED:**

1. "CLINICAL USES OF BRIHATVATCHINTAMANI RASA IN DIFFERENT AILMENTS"
(AYURVRDA PATRIKA, VOL 75, ISSUE-10, APR 2022 PG. NO. 44-46)

- **PRESENTATIONS:**

Oral Presentations:

1. "ROLE OF PATRAPOTTALI SWEDANA ALONG WITH SHAMANA CHIKITSA IN THE MANAGEMENT OF OSTEOARTHRITIS"
2. " AN OPEN CLINICAL STUDY TO EVALUATE THE EFFICACY OF SHATAPAKI GUDUCHI TAIL IN MANAGEMENT OF MADHUMEHA W.S.R DIABETES MELLITUS TYPE 2"

- **AWARDS:**

- 1.DR. SUNANDA AND SUBHASHA RANADE AWARD FOR THE SELECTION OF ARTICLE IN AYURVEDIC PATRIKA ENTITLED "CLINICAL USES OF BRIHATVATCHINTAMANI RASA IN DIFFERENT AILMENTS"
- 2.CHARAKA AWARD 2023.

3. ACHIEVEMENT BY DR. SYED MUJAHID ALI:

M.D. (FINAL YEAR SCHOLAR)

U NDER DR. GEETA PARULKAR (GUIDE)

- **SYNOPSIS:**

"TO SEE THE EFFECT OF ARJUNADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA"

- **PAPERS PUBLISHED:**

- 1."A CASE STUDY ON THE AYURVEDIC MANAGEMENT OF RHEUMATOID ARTHRITIS "

(AYURVED PATRIKA, VOL-76 ISSUE NO-9, MARCH 2023, PAGE NO-24-30)

- 2.VASANTKUSUMAKAR RAS: A BENEFICIAL MEDICINE (UPCOMING ISSUE-IJSR)

- **PRESENTATIONS-**

Oral Presentations:

1. "A CASE REPORT ON AYURVEDIC MANAGEMENT OF PAKSHAGHATA W.S.R TO HEMIPLEGIA.
2. "A CASE REPORT ON AYURVEDIC MANAGEMENT OF PSORIASIS".

3. "AROGYAVARDHINI VATI: A REVIEW PRESENTATION "

Poster Presentation:

1. "A CASE REPORT ON AYURVEDIC MANAGEMENT OF PSORIASIS

4. ACHIEVEMENT BY DR. PRAMILA RAJENDRA AHIRE

M.D. (FINAL YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (GUIDE)

- **SYNOPSIS:**

"TO SEE THE EFFECT OF HARIDRADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA"

- **PAPERS PUBLISHED:**

1."A CASE REPORT: AN AYURVEDIC MANAGEMENT OF ECZEMA W.S.R TO VICHARCHIKA".

(AYURVED PATRIKA, VOL-76 ISSUE NO-9, MARCH 2023, PAGE NO-32-36)

2.KAISHORE GUGGULE: A PRERCIIOUS MEDICINE (UPCOMING ISSUE-IJSR)

- **PRESENTATIONS:**

Oral Presentations:

1. "A CASE REPORT: AYURVEDIC MANAGEMENT OF OSTEOARTHRITIS WITH COMBINED THERAPIES OF SHODHANA AND SHAMANA CHIKITSA “

2.A CASE REPORT: AYURVEDIC MANAGEMENT OF PAKSHAGHATA W.S.R HEMIPLEGIA

3." SANSHAMANI VATI: "A BENEFICIAL AYURVEDIC MEDICINE”

Poster Presentation:

" A CASE REPORT: AYURVEDIC MANAGEMENT OF PSORIASIS".

- **AWARDS:**

DR. SUNANDA AND SUBHASHA RANADE AWARD FOR THE SELECTION OF ARTICLE IN AYURVEDIC PATRIKA ENTITLED, "A CASE REPORT: AN AYURVEDIC MANAGEMENT OF ECZEMA W.S.R TO VICHARCHIKA".

4.ACHIEVEMENT BY DR. SNEHAL SANJAYRAO RACHCHAWAR

M.D. (FINAL YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (HOD) AND DR. DILIP WANGE (GUIDE)

- **SYNOPSIS:**

"COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF LOCAL APPLICATION OF BRUHAN UTKARIKA AND BRUHAN UPANAHA IN THE MANAGEMENT OF NIRUPASTHAMBHITA SANDHIGATA VATA WITH SPECIAL REFERENCE TO OSTEOARTHRITIS"

- **PAPERS PUBLISHED:**

- 1 ROLE OF SHAMANA AND SHODHANA CHIKITSA IN MEDOVRIDDHI WITH SPECIAL REFERENCE TO HYPERLIPIDEMIA.
(AYURVED PATRIKA, VOL-76, PAGE NO. – 19-23)
- 2 CLINICAL EFFICACY OF CHANDRAPRABHA VATI IN THE MANAGEMENT OF URINARY TRACT INFECTION. (UPCOMING ISSUE -IJSR)

- **PRESENTATIONS:**

Oral Presentations:

- 1 A CASE STUDY: AN AYURVEDIC MANAGEMENT OF KATIGATA VATA W.S.R TO LUMBAR SPONDYLOSIS.
- 2 MANAGEMENT OF VICHARCHIKA (ECZEMA) WITH AYURVEDIC INTERVENTION - A CASE STUDY.

Poster Presentation:

- 1 A CASE STUDY: AN AYURVEDIC MANAGEMENT OF PAKSHAGHATA WITH SPECIAL REFERENCE TO HEMIPLEGIA.

5. ACHIEVEMENTS BY DR. AKANKSHA AGALE

M.D. (1ST YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (GUIDE)

- **SYNOPSIS:**

"TO STUDY THE EFFICACY OF VARUNADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA".

- **PAPERS PUBLISHED:**

- 1 "A CASE STUDY OF MANAGEMENT OF AMLAPITTA BY AYURVEDIC WAY W.S.R TO HYPERACIDITY" (UPCOMING ISSUE)

- **PRESENTATIONS:**

- **Oral Presentations:**

1. "A CASE REPORT OF MANAGEMENT OF CHRONIC SINUSITIS IN AYURVEDIC WAY"
2. "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN DADRU W.S.R TO FUNGAL INFECTION"

- **Poster Presentation:**

1. "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN KHALITYA W.S.R TO ALOPECIA AREATA"

- **AWARDS:**

2nd PRIZE- FOR THE TOPIC- "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN KHALITYA W.S.R TO ALOPECIA AREATA"

(POSTER PRESENTATION ON 16TH AND 17TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI)

6.ACHIEVEMENTS BY DR. AJAY MARMAT

M.D. (1ST YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (GUIDE)

- **SYNOPSIS:**

"TO STUDY THE EFFICACY OF VATSAKADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA"

- **PAPERS PUBLISHED:**

- 2 "A CASE STUDY OF MANAGEMENT OF MADHUMEHA BY AYURVEDIC WAY W.S.R TO DIABETES MELLITUS" (UPCOMING ISSUE)

- **PRESENTATIONS:**

- **Oral Presentations:**

1. "A CASE REPORT OF MANAGEMENT OF PSORIASIS IN AYURVEDIC WAY"
2. "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN KATIGATA VATA W.S.R TO LUMBAR SPONDYLOSIS"

- **Poster Presentation:**

1. "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN MANYAGATA VATA W.S.R TO CERVICAL SPONDYLOSIS"

7. ACHIEVEMENTS BY DR. DEEPIKA SURYAWANSHI

M.D. (1ST YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (HOD) AND DR. DILIP WANGE (GUIDE)

- **SYNOPSIS:**

“AN OPEN CLINICAL STUDY TO EVALUATE THE EFFECT OF BHUNIMBADI CHURNA IN PRAMEHA PURVARUP WITH SPECIAL REFERENCE TO PREDIABETES”

- **PAPERS PUBLISHED:**

1. 1“AYURVEDIC MANAGEMENT OF GRIDHRASI WITH SPECIAL REFERENCE TO SCIATICA: A CASE STUDY” (UPCOMING ISSUE)

- **PRESENTATIONS-**

Oral Presentations:

1. “EFFICACY OF NASYA IN FACIAL PALSY: A CASE STUDY”
2. “A CASE STUDY ON THE AYURVEDIC MANAGEMENT OF STHOULYA W.S.R. TO OBESITY”

Poster Presentation:

1. “A CASE STUDY ON THE AYURVEDIC MANAGEMENT OF VATAJ SHIRASHOOL W.S.R. TO TENSION HEADACHE

MD STUDENTS ACHIEVEMENT UNDER UNIT NO.2

1.ACHIEVEMENT BY DR. VISHWETA VIJAY BASNAK

M.D. SCHOLAR

UNDER DR. SUNIL A. BHASKARE (GUIDE)

- **SYNOPSIS:**

“A CLINICAL STUDY TO COMPARE THE EFFECT OF TRIBHANDYADI YOG AND PHALTRIKADI KWATHA IN THE MANAGEMENT OF BAHUPITTA KAMALA WITH SPECIAL REFERENCE TO HYPERBILIRUBINEMIA .”

- **PAPERS PUBLISHED:**

- 1) EFFICACY OF AYURVEDIC MANAGEMENT OF VATA-KAPHAJ HRIDROGA WITH SPECIAL REFERENCE TO CORONARY ARTERY DISEASE: A CASE STUDY

2) AYURVEDIC MANAGEMENT OF AVABAHUK WITH SPECIAL REFERENCE TO FROZEN SHOULDER: A CASE STUDY

3) EFFICACY OF AYURVEDIC MANAGEMENT OF VATAKANTAKA WITH SPECIAL REFERENCE TO PLANTAR FASCITIS: A CASE STUDY

4) A THERAPEUTIC REVIEW OF PARPATI KALPANA IN MANAGEMENT OF GRAHANI ROGA ALONG WITH LIFESTYLE MODIFICATION.

Oral Presentation:

1. EFFICACY OF VIDDHAKARMA FOLLOWED BY TRIPHALA CHURNA LEPA IN THE MANAGEMENT OF INDRALUPTA WITH SPECIAL REFERENCE TO ALOPECIA AREATA : A CASE STUDY

2) ACHIEVEMENT BY DR. RUSHIKESH MANGESH JEDGE

M.D. (SCHOLAR)

UNDER DR. SUNIL BHASKARE(GUIDE)

- **SYNOPSIS:**

“A CLINICAL STUDY TO EVALUATE THE EFFICACY OF BIJAKADI GHAN VATI IN PRAMEHA PURVARUPA WITH SPECIAL REFERENCE TO PREDIABETES.”

- **PAPERS PUBLISHED:**

1. AYURVEDIC MANAGEMENT OF VICHARCHIKA WITH SPECIAL REFERENCE TO PSORIASIS VULGARIS A CASE STUDY (AYURVED PATRIKA)

Oral Presentation:

1. “A CASE REPORT TO EVALUATE THE ROLE OF AYURVEDA IN THE MANAGEMENT OF PSORIASIS”

3) ACHIEVEMENT BY DR. AISHWARYA MATE

M.D. (3rd YEAR SCHOLAR)

UNDER DR. SUNIL BHASKARE (GUIDE)

- **SYNOPSIS:**

A COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF PATOLADI KWATH AGAINST KATAMKATAIRYADI KWATH IN PRAMEHA PURVARUP WITH SPECIAL REFERENCE TO PREDIABETES.

- **PAPERS PUBLISHED:**

1. AN AYURVEDIC MANAGEMENT OF GRUDHRASI.

2. JOURNAL - AYURVED PATRIKA (UPCOMING ISSUE)

- **PRESENTATIONS:**

Oral Presentation:

1. RASAYAN PRAYOG IN MEDOROGAS: A LITERARY REVIEW.
2. A CASE STUDY ON AYURVEDIC MANAGEMENT OF GRUDHRASI.

Poster Presentation:

1. AN AYURVEDIC MANAGEMENT OF KITIBHA KUSHTHA CONSIDERING STRESS AS AN AGGRAVATING FACTOR: A CASE STUDY.
2. AN AYURVEDIC MANAGEMENT OF HRUDROGA WSR TO
3. CORONARY ARTERY DISEASE: A CASE STUDY

4) ACHIEVEMENT BY DR. SAPNA SODANI

M.D. (3RD YEAR SCHOLAR)

UNDER DR. SUNIL BHASKARE (GUIDE)

- **SYNOPSIS:**

"A COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF LOCAL APPLICATION OF PACHAK UTKARIKA AND PACHAK UPANAHA IN THE MANAGEMENT OF UPASTHAMBHITA SANDHIGATA VATA WITH SPECIAL REFERENCE TO OSTEOARTHRITIS."

- **PAPERS PUBLISHED:**

1. AYURVEDIC MANAGEMENT OF VIPADIKA KUSHTHA (PALMOPLANTAR PSORIASIS) - A CASE STUDY (AYURVED PATRIKA -UPCOMING ISSUE)

- **PRESENTATIONS:**

Oral Presentation:

1. MANAGEMENT OF DADRU (FUNGAL INFECTION) WITH AYURVEDIC INTERVENTION – A CASE STUDY.
2. MANAGEMENT OF MUKHADUSHIKA (ACNE VULGARIS) WITH AYURVEDIC INTERVENTION: A CASE STUDY

Poster Presentation:

1. MANAGEMENT OF PITTASHMARI WITH SPECIAL REFERENCE TO GALL BLADDER STONE- A CASE STUDY
2. MANAGEMENT OF DADRU (FUNGAL INFECTION) WITH AYURVEDIC INTERVENTION – A CASE STUDY

3) ACHIEVEMENTS BY DR. TEJASWINI BASTE

M. D. (1ST YEAR SCHOLAR)

UNDER DR. SUNIL BHASKARE (GUIDE)

- **SYNOPSIS:**

“A RANDOMISED CONTROLLED CLINICAL STUDY TO EVALUATE THE EFFICACY OF DADIMADI GUTIKA IN THE MANAGEMENT OF PRIMARY HYPOTHYROIDISM
“

- **PRESENTATIONS:**

Oral Presentation:

1. “ROLE OF KATIBASTI IN THE MANAGEMENT OF LUMBAR SPONDYLOSIS: A CASE STUDY “

4) ACHIEVEMENT BY DR. SIDDHI MAYEKAR

M.D. (1ST YEAR SCHOLAR)

UNDER DR. SUNIL BHASKARE (GUIDE)

- **SYNOPSIS:**

“AN OPEN CLINICAL STUDY TO EVALUATE THE EFFICACY OF ‘SWARNKSHIRYADI YOG’ IN THE MANAGEMENT OF BAHUPITTA KAMALA WITH SPECIAL REFERENCE TO HYPERBILIRUBINAEMIA.”

- **PRESENTATIONS:**

Oral Presentations:

1. ROLE OF JANUBASTI IN THE MANAGEMENT OF NIRUPSTAMBHIT JANUSANDHIGAT VATA: A CASE STUDY

MD STUDENTS ACHIEVEMENT UNDER UNIT NO.3

1) ACHIEVEMENT BY DR. VIJAYA VASUDEV SADVELKAR

M.D. (SCHOLAR)

UNDER DR. MUKUND MAGARE(GUIDE)

- SYNOPSIS:**

“AN OPEN CLINICAL STUDY TO EVALUATE EFFICACY OF BHANDIRADI YOGA IN THE MANAGEMENT OF DADRU WITH SPECIAL REFERENCE TO TINEA CORPORIS.”

- PAPERS PUBLISHED:**

1. ROLE OF 'SANTARPANA CHIKITSA' IN THE MANAGEMENT OF 'PAKSHAGHATA' WITH SPECIAL REFERENCE TO 'ACUTE NON-HAEMORRHAGIC INFARCT - HAEMIPLEGIA' - A CASE STUDY. (AYURLINE JOURNAL) VOLUME- 6th ISSUE- 2nd PAGE NUMBER- 1-10
2. ROLE OF AYURVEDA IN THE MANAGEMENT OF 'PITTAJA VISARPA' W. S. R. TO 'HERPES ZOSTER' - A CASE STUDY (AYURVED PATRIKA) VOLUME- OCTOBER 2022 PAGE NO. - 29-34

PRESENTATIONS:

Oral Presentation:

1. "A CASE REPORT TO EVALUATE THE ROLE OF AYURVEDA IN THE MANAGEMENT OF HYPOTHYROIDISM - AN ENDOCRINE DISORDER"
2. "ROLE OF AYURVEDA IN THE MANAGEMENT OF KATYASHRITA VATA W. S. R. TO LUMBAR SPONDYLOSIS - A CASE STUDY"

•AWARDS:

AWARDED BY DR. SUNANDA AND DR. SUBHASH RANADE PRATISHTHAN FOR THE PAPER OF TOPIC- ROLE OF AYURVEDA IN THE MANAGEMENT OF 'PITTAJA VISARPA' W. S. R. TO 'HERPES ZOSTER' - A CASE STUDY (AYURVED PATRIKA) VOLUME- OCTOBER 2022 PAGE NO. - 29-34.

2.ACHIEVEMENT BY DR. SALONI KULKARNI

M.D. (3RD YEAR SCHOLAR)

UNDER DR. MUKUND MAGARE (GUIDE)

- **SYNOPSIS:**

" AN OPEN CLINICAL STUDY TO EVALUATE EFFICACY OF AMRUTADI KWATHA IN THE MANAGEMENT OF VICHARCHIKA WITH SPECIAL REFERENCE TO ECZEMA".

- **PAPER PUBLISHED:**

1."A CASE STUDY: AN AYURVEDIC MANAGEMENT OF AAMAVATA W.S.R RHEUMATOID ARTHRITIS."(AYURVED PATRIKA -UPCOMING ISSUE)

- **PRESENTATIONS:**

Oral Presentations:

1. "ROLE OF PATHYA AND APATHYA IN THE MANAGEMENT OF MEDODUSHTI."
2. "AN AYURVEDIC MANAGEMENT OF KITIBHA KUSHTHA (PSORIASIS): A CASE STUDY."

Poster Presentation:

1. " AN AYURVEDIC MANAGEMENT OF DAKSHIN PAKSHAGHAT W.S.R. CEREBRAL VASCULAR ATTACK: A CASE STUDY".

3. ACHIEVEMENTS BY DR. AMRUTA BAYKAR

M.D. (1st year Scholar)

UNDER DR. MUKUND MAGARE (GUIDE)

- **SYNOPSIS:**

“AN OPEN CLINICAL STUDY TO EVALUATE EFFICACY OF KURUWINDADI YOGA IN THE MANAGEMENT OF VICHARCHIKA WITH SPECIAL REFERENCE TO ECZEMA”

- **PRESENTATIONS:**

Oral presentation:

1. “ROLE OF SHUNTHI SIDDHA ERAND SNEHA IN THE MANAGEMENT OF AMAVATA: A CASE STUDY”

4. ACHIEVEMENTS BY DR. SNEHAL PATIL

M. D. (1st YEAR SCHOLAR)

UNDER DR. MUKUND MAGARE(GUIDE)

- **SYNOPSIS:**

“AN OPEN CLINICAL STUDY TO EVALUATE EFFICACY OF SUVARNAKADI YOGA IN THE MANAGEMENT OF DADRU WITH SPECIAL REFERENCE TO TINEA CORPORIS”

- **PRESENTATIONS:**

Paper Presentation:

“A CASE REPORT OF MANAGEMENT OF ACUTE NON-HAEMORRHAGIC INFRACT-HEMIPLEGIA BY AYURVEDIC WAY”

5. ACHIEVEMENTS BY DR. ADITYA INDANI

M.D. (1ST YEAR SCHOLAR)

Under DR. DILIP WANGE (GUIDE)

- **SYNOPSIS:**

“AN OPEN SINGLE ARM STUDY TO EVALUATE THE EFFECT OF AMRUTADI GHANAVATI IN VICHARCHIKA WITH SPECIAL REFERENCE TO ECZEMA”

- **PRESENTATIONS:**

Oral Presentations:

1. "ROLE OF JALOUKA AVACHARANA IN ACNE VULGARIS"
2. "ROLE OF VIRECHAN IN PSORIASIS"

Poster Presentation:

1. "ROLE OF VIRECHANOOTAR RAKTMOKSHAN IN CHRONIC INDUCIBLE URTICARIA".

MD STUDENTS ACHIEVEMENT UNDER UNIT NO.4

1.ACHIEVEMENT BY DR. SHRADDHA PRADIP ASSOPA

M. D. (KAYACHIKITSA)

UNDER DR. RAMAN GHUNGARALEKAR (GUIDE)

- **THESIS:**

A CLINICAL STUDY TO COMPARE THE EFFECT OF ATSYADI UPNAHA AND DASHANG LEPA IN AAMVATAJANYA SANDHISHOTHA.

- **PAPERS PUBLISHED:**

1. AYURVEDIC MANAGEMENT OF UTTANA VATARAKT – A CASE STUDY – AYURVEDA PATRIKA
2. AN AYURVEDIC MANAGEMENT OF VARICOSE VEINS INDUCED STASIS ECZEMA - CASE STUDY – WJPR

- **PRESENTATIONS:**

Paper Presentations:

1. EFFICACY OF APATARPAN KHWATH IN THE MANAGEMENT OF STHAULYA WITH SPECIAL REFERENCE TO OBESITY- A CASE STUDY.

Poster Presentation:

1. ASHTANG YOGA FOR ENHANCED LIVING.

2.ACHIEVEMENT BY DR. YOGITA VIVEK PAWAR

MD (KAYCHIKITSA)

UNDER DR. MEENAKSHI REWDKAR-KOLE(GUIDE)

- **SYNOPSIS:**

- "A CLINICAL STUDY TO COMPARE EFFICACY OF VRUNDADI CHURNA AND LAGHUGANGADHAR CHURNA IN PRAVAHIKA"

- **PAPER PUBLISHED:**

1. "AYURVEDIC MANAGEMENT OF INDRALUPTA W.S.R ALOPECIA AREATA WITH JALAUKAVCHARAN AND APAMARG KSHAR PRATISARAN-A CASE STUDY"(JOURNAL -WJPR)
2. "AYURVEDIC CONCEPT OF RASAYANA-A REVIEW ARTICLE(JOURNAL-WJPR)
3. "AYURVEDIC MANAGEMENT OF LICHEN PLANUS"(JOURNAL -AYURVED PATRIKA)

- **PRESENTATION:**

- **Oral Presentation:**

NIDANPANCHAK OF HRUDROG

- **Poster Presentation:**

1. SHATKARMA AT TILAK AYURVED MAHAVIDYALAY, PUNE
2. NO TOBACCO DAY-AT R. A. PODDAR MEDICAL COLLEGE (AYU.), MUMBAI

- **AWARD:**

1. 1st PRIZE ARTICLE-AYURVEDIC MANAGEMENT OF LICHEN PLANUS AT AYURVED PATRIKA
2. 2nd PRIZE POSTER- NO TOBACCO DAY-AT R.A. PODDAR MEDICAL COLLEGE (AYU), MUMBAI

3.ACHIEVEMENT BY DR. KARISHMA KARDE

M.D. KAYACHIKITSA

UNDER DR. RAMAN GHUNGRALEKAR (GUIDE)

- **THESIS:**

“A CONTROLLED CLINICAL STUDY TO EVALUATE THE EFFICACY OF ‘KANCHANYADI GHANAVATI’ IN THE MANAGEMENT OF PRAMEHA WITH SPECIAL REFERENCE TO DIABETES MELLITUS TYPE 2”.

- **PAPERS PUBLISHED:**

- 1.“AYURVEDIC MANAGEMENT OF PAKSHAGHAT- CASE STUDY” -WJPR (ISSN NO: 2277-7105),
VOLUME 11 – ISSUE 7 ,PAGE NO -1059-1066
- 2.“AYURVEDIC MANAGEMENT OF ACQUIRED ICTHYOSIS-A CASE STUDY (AYURVED PATRIKA)
VOLUME – SEPTEMBER 2022, PAGE NO-32-36.

- **PRESENTATIONS:**

- **Paper Presentations:**

1. EFFICACY OF THE AYURVEDIC MANAGEMENT IN EKAKUSHTHA WITH SPECIAL REFERENCE TO PSORIASIS- A CASE SERIES ON FRIDAY;13/08/2021 ON MAHARASHI CHARAK JAYANTI INTERNATIONAL WEBINAR ON CHARAKASTU CHIKITSITE

Poster Presentation:

1. ASHTANGA YOGA FOR ENHANCED LIFE
2. ON 17/06/2021 NATIONAL LEVEL ONLINE POSTER COMPETITION BY TILAK AYURVED MAHAVIDYALAYA, PUNE

• **AWARDS:**

AWARDED BY DR. SUNANDA AND DR. SUBHASH RANADE PRATISHTHAN FOR THE PAPER OF TOPIC- AYURVEDIC MANAGEMENT OF ACQUIRED ICTHYOSIS-A CASE STUDY (AYURVED PATRIKA)
VOLUME – SEPTEMBER 2022,PAGE NO-32-36

4.ACHIEVEMENT BY DR. NIDHI PRADEEP KAMBLE

M.D. (3RD YEAR SCHOLAR)

UNDER DR. MEENAKSHI REWDKAR KOLE (GUIDE)

• **SYNOPSIS:**

“AN OPEN SINGLE ARM CLINICAL STUDY TO EVALUATE THE EFFICACY OF ‘TAGARADI TAIL NASYA’ AND ‘YASHTIKADI VATI’ IN THE MANAGEMENT OF ‘POST COVID CHITTODVEGA’ WITH SPECIAL REFERENCE TO POST COVID ANXIETY.”

• **PRESENTATIONS:**

Oral Presentation:

1. RASAYAN PRAYOG IN MEDOROGAS: A LITERARY REVIEW.
2. A CASE REPORT: ROLE OF RASAYAN IN AYURVEDIC TREATMENT OF TAMAKSHWAS.

• **Poster Presentation:**

1. REVIEW OF LITERATURE OF AYURVEDIC AND MODERN ASPECT OF STHOULYA W.S.R TO OBESITY

• **AWARDS:**

1st PRIZE -REVIEW OF LITERATURE OF AYURVEDIC AND MODERN ASPECT OF STHOULYA W.S.R TO OBESITY.

(POSTER PRESENTATION ON 16TH AND 17TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI)

5. ACHIEVEMENT BY DR. KULDEEP RATHOD

M.D. (3RD YEAR SCHOLAR)

UNDER DR. ARTI DATYE (GUIDE)

- **SYNOPSIS:**

"A SINGLE ARM OPEN PROSPECTIVE CLINICAL STUDY TO EVALUATE COMBINED EFFECT OF JIVANTYADI YAMAK MALHAR AND AATRUSHADI KWATH IN EKAKUSHTHA WITH SPECIAL REFERENCE TO PSORIASIS."

- **PRESENTATIONS:**

Oral Presentations:

1. "MANEGEMENT OF ADVANCED STAGE OF URTICARIA (SHITPITTA) WITH AYURVEDIC INTERVENTION: A CASE STUDY "
2. "AYURVEDIC MANEGEMENT OF TYPE-II DIABETES MELLITUS: A CLINICAL STUDY"

Poster Presentation:

1. "CONCEPTUAL STUDY OF PRAMEH PURVARUP W.S.R. TO PREDIABETES"

6. ACHIEVEMENT BY DR. SAKSHI SANJAY PASALKAR.

M.D. (FINAL YEAR SCHOLAR)

UNDER DR. GEETA PARULKAR (GUIDE)

- **SYNOPSIS:**

"A COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF LOCAL APPLICATION OF 'PRAPUNNATADI LEPA' VERSUS 'PICHUMARDADI LEPA' IN DADRU KUSHTHA WITH SPECIAL REFERENCE TO TINEA CORPORIS."

- **PAPER PUBLISHED:** EFFECT OF SHODHAN CHIKITSA FOLLOWED BY SHAMAN AUSHADHI IN THE MANAGEMENT OF SANDHIGATA VATA (UPCOMING ISSUE OF AYURVED PATRIKA)

- **PRESENTATIONS:**

Oral Presentations:

1. "A CASE STUDY ON AYURVEDIC MANAGEMENT OF THYROID DISEASE (COLLOID NODULAR GOITRE)"
2. "A CLINICAL STUDY -AN AYURVEDIC MANAGEMENT OF STRESS INDUCED PSORIASIS."

Poster Presentation:

1. "DIET MANAGEMENT IN DHAMANI PRATICHA W.S.R. TO ATHEROSCLEROSIS."

4) ACHIEVEMENT BY DR. VARSHA UIKEY

M.D. (FINAL YEAR SCHOLAR)

UNDER DR. MUKUND MAGARE (GUIDE)

- **SYNOPSIS:**

“A COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF “KATPHALADI KASHAYA” AND “SHWASAHAR KASHAYA” IN “TAMAK SHWASA” WITH SPECIAL REFERENCE TO “BRONCHIAL ASTHMA”.

- **PAPER PUBLISHED:**

EFFECT OF BRUHAN CHIKITSA IN THE MANAGEMENT OF DHATUKSHAYAJANYA KATIGAT VATA W.S.R. TO LUMBAR SPONDYLOSIS. (UPCOMING ISSUE OF AYURVED PATRIKA)

- **PRESENTATIONS:**

Oral Presentations:

1. AYURVEDIC MANAGEMENT OF PAKSHAGHATA W. S. R. TO STROKE: - CASE SERIES
2. MANAGEMENT BASTI KARMA IN MANAGEMENT OF SANDHIGAT VATA.
3. EFFECT OF SHODHAN AND SHAMAN CHIKITSA IN THE MANAGEMENT OF SANDHIGAT VATA: A CASE STUDY

Poster Presentation:

1. REVIEW OF LITERATURE OF AYURVEDA AND MODERN ASPECT OF MEDODUSHTI W.S.R. TO DYSLIPIDIMIA.

7.ACHIEVEMENTS BY DR. DHANSHREE HIRALAL DEOGHARE

M. D. (1ST YEAR SCHOLAR)

UNDER DR. MEENAKSHI REWADKAR-KOLE (GUIDE)

- **SYNOPSIS:**

“AN OPEN CLINICAL COMPARATIVE STUDY TO EVALUATE THE EFFICACY OF VYOSHADI BASTI AND ERANDMULADI BASTI IN TREATMENT OF VATRAKT WSR TO INFLAMMATORY ARTHRITIS.”

- **PRESENTATIONS:**

Oral Presentation:

1. "MANAGEMENT OF DADRU KUSHTA (TINEA CORPORIS) THROUGH AYURVEDA: A CASE STUDY"

Poster Presentation:

1. "REVIEW ARTICLE FOR COMBINED EFFECT OF AHARA AND VIHARA IN MANAGEMENT OF GALAGANDA W.S.R. TO HYPOTHYROIDISM"

8. ACHIEVEMENTS BY DR. ERAM FARYAL CHOUDHARY

M. D. (1ST YEAR SCHOLAR)

Under DR. MEENAKSHI REWDKAR KOLE (GUIDE)

- **SYNOPSIS:**

"A COMPARATIVE CLINICAL STUDY TO EVALUATE THE EFFICACY OF BHRUNGYAADI KASHAYA AND ERANDMULADI KASHAYA AFTER RAKTAMOKSHAN IN SHEETAPITTA WITH SPECIAL REFERENCE TO URTICARIA"

- **PRESENTATIONS:**

- **Oral presentation:**

1. "CLINICAL PRACTICES IN RHEUMATOLOGY"

Ph.D STUDENTS ACHIEVEMENTS UNDER KAYACHIKITSA DEPARTMENT

UNDER DR. RAMAN GHUNGRALEKAR

1) DR. VINAYAK BHANUDAS PACHE:

- **SYNOPSIS TITLE:**

A RANDOMIZED OPEN LABEL CONTROLLED CLINICAL STUDY TO EVALUATE THE EFFICACY OF VRUNDATRIPHALADI GHANVATI AS ADJUVANT THERAPY IN PRAMEHA WITH SPECIAL REFERENCE TO TYPE 2 DIABETES MELLITUS.

2) ACHIEVEMENT BY DR NIKHIL JOGLEKAR

- **SYNOPSIS TITLE:**

AN OPEN RANDOMISED CONTROLLED CLINICAL STUDY TO EVALUATE THE EFFICACY OF LOCAL AND INTERNAL ADMINISTRATION OF KHADIRADI YOGA IN DADRU KUSHTHS WSR TO DERMATOPHYTOSIS.

- **PAPER PRESENTATIONS:**

CLINICAL CASE STUDY OF ROLE OF HAMSAPADADI KWATH IN HYPOTHYROIDISM

(PAPER PRESENTATION ON 16TH AND 17TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI)

ACHIEVEMENTS BY Ph.D STUDENTS OF KAYACHIKITSA DEPARTMENT

UNDER DR. GEETA PARULKAR

1) ACHIEVEMENTS DR. MINAL S. VAIDYA

SYNOPSIS TITLE:

"RANDOMIZED CONTROL STUDY OF PANCHTIKTAGHRUTA GUGGUL MATRA BASTI IN THE MANAGEMENT ASTHI MAJJA KSHAYA W.S.R TO OSTEOPOROSIS"

PAPERS PUBLISHED:

1. TITLE: "EFFECT OF AYURVEDIC DRUG COMBINATION IN MANAGEMENT OF HYPOTHYROIDISM: A CASE STUDY"
2. TITLE: "EFFECT OF PANCHATIKA GHRITA MATRABASTI IN MANAGEMENT OF PSORIASIS: A CASE STUDY"
3. TITLE: "REVIEW ON MODERN CORRELATION OF ASTHIMAJJA KSHYA AND OSTEOPOROSIS AND PANCHATIKA GHRITA"
4. TITLE: "AYURVEDIC MANAGEMENT OF OBESITY AND DIABETES MELLITUS TYPE 2: A SINGLE CASE STUDY"
5. TITLE: "AYURVEDIC MANAGEMENT OF INTERSTITIAL LUNG DISEASES"
6. TITLE: "ANTIDIARRHEAL ROLE OF DHANYAPANCHAKA KWATHA IN ABDOMINAL MANIFESTATION IN COVID-19 CASE: A SINGLE CASE STUDY"
7. TITLE: "EFFICACY OF AYURVEDIC DRUG COMBINATION IN DIABETIC NEPHROPATHY. A SINGLE CASE STUDY"
8. TITLE: "AYURVEDIC MANAGEMENT OF TAMAK SHWAS W.S.R. BRONCHIAL ASTHMA: A CASE REPORT"
9. TITLE: "AYURVEDIC MANAGEMENT OF KATIGATA VATA W.S.R. LUMBAR CANAL STENOSIS: A CASE REPORT"
10. TITLE: "AYURVEDIC MANAGEMENT OF ASCITES USING ORAL VARDHAMAN PIPPALI RASAYAN: A CASE REPORT"

11. TITLE: "ROLE OF AYURVEDIC PANCHAKARAMA WITH CONSERVATIVE AYURVEDIC TREATMENT IN MANAGEMENT OF CKD: A SINGLE CASE STUDY"
12. TITLE: "EFFECT OF AYURVEDIC PREPARATION ON POST MALIGNANCY ORAL FISTULA: A SINGLE CASE STUDY"
13. TITLE: "AN AYURVEDIC MANAGEMENT OF PSORIASIS: A SINGLE CASE STUDY"
14. TITLE: "AN AYURVEDIC MANAGEMENT OF DIABETIC NEUROPATHY: ASINGLE CASE STUDY"
15. TITLE: "AN AYURVEDIC MANAGEMENT OF DIABETIC FOOT: ASINGLE CASE STUDY"
16. TITLE: "AN AYURVEDIC MANAGEMENT OF HEPATITIS-C: A CASE REPORT"
17. TITLE: "AN AYURVEDIC MANAGEMNET OF CKD WITH DM TYPE 1"
18. TITLE: "AN AYURVEDIC MANAGEMENT OF VITILIGO: A CASE REPORT"
19. TITLE: "CLINICAL STUDY TO EVALUATE THE EFFICACY AND SAFETY OF CAPSULE DIAGUARD-A POLYHERBAL ANTI-DIABETIC FORMULATION IN PATIENTS WITH TYPE II DIABETES MELLITUS (T2DM) - A DOUBLE BLIND PLACEBO CONTROLLED TRIAL"

2) ACHIEVEMENTS BY DR. ASHOKKUMAR B JANGID

- **TITLE OF SYNOPSIS:**
"A COMPARATIVE CLINICAL STUDY OF MALATYADI TAIL AND MINOXIDIL SOLUTION IN THE MANAGEMENT OF ANDROGENETIC ALOPECIA (KHALITYA)"
- **POSTER PRESENTATION:**
"A CASE STUDY: TRATMENT OF VICHARCHIKA (ECZEMA) WITH EXTERNAL APPLICATION OF KUSHTHADI LEPA.

3) ACHIEVEMENTS BY DR. ASHISH G. KECHE

- **TITLE OF SYNOPSIS:**
"A RANDOMIZED CONTROL CLINICAL STUDY OF KARANJADI VATI AND TAB ROSUVASTATIN IN THE MANAGEMENT OF MEDOVRIDHHI W.S.R. TO HYPERLIPIDEMIA"
- **POSTER PRESENTATION:**
"A CASE REPORT - TO STUDY THE ROLE OF PREVENTIVE MEDICINE AND DIETARY ASPECTS IN MAHSTROTAS: AYURVED VIEW".

4) ACHIVEMENTS BY DR. ANAGHA KOTHADIA

- **SYNOPSIS TITLE:**

“A COMPARATIVE STUDY ON ASHWAGANDHADI VATI & TRAYODASHANGA GUGGULU IN THE MANAGEMENT OF JANUSANDHIGATVATA WITH SPECIAL REFERENCE TO KNEE OSTEOARTHRITIS”

- **POSTER PRESENTATION:**

“A CASE STUDY ON AYURVEDIC MANAGEMENT OF OSTEOPOROSIS”
(IN SEMINAR AYURVEDA WISDOM - A SOLUTION FOR LIFESTYLE DISORDER AT D.Y. PATIL COLLEGE, NAVI MUMBAI, MAHARASHTRA ON 16TH FEB 2023)

- **ARTICLES:**

1)“UNDERSTANDING TARUNASTHI WITH SPECIAL REFERENCE TO ARTICULAR CARTILAGE IN THE LIGHT OF AYURVEDA” WORLD JOURNAL OF PHARMACEUTICAL RESEARCH (WJPR), VOLUME 9, ISSUE 1, 838-850 DATE DEC 2019

2)"A REVIEW TO SUMMARIZE THE AVAILABLE EVIDENCES ON TURMERIC'S (CURCUM A LONGA) MEDICINAL PROPERTIES TO UNDERSTAND THE SCOPE OF ITS EFFICACY IN THE TREATMENT AND PREVENTION OF COVID19 DISEASES" INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH (IJSR) VOLUME - 9 | ISSUE - 12 | ISSN NO. 2277 - 8179 DATE DEC - 2020

3)"BENEFITS OF CHANDRAPRABHA VATI IN SANDHIGATVATA WITH SPECIAL REFERENCE TO OSTEOARTHRITIS" INTERNATIONAL JOURNAL OF AYURVEDA AND PHARMACEUTICAL CHEMISTRY, VOLUME 15, ISSUE 3 DATE NOV 2021

5) ACHIEVEMENT BY DR. VAISHALI MESHAM

- **TITLE OF SYNOPSIS:**

"AN OPEN CLINICAL TRIAL TO EVALUATE THE EFFICACY OF VATSAKADI VATI IN MANAGEMENT OF HYPERLIPIDEMIA."

- **POSTER PRESENTATION:**

"A CASE STUDY: TO STUDY THE EFFICACY OF DHATRINISHA IN THE MANAGEMENT IN PRAMEHA W.S.R TO PREDIABETES"ON 16TH AND 17TH FEBRUARY, 2023 NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI

- **PAPER PRESENTATIONS:**

1) "ROLE OF LEHAN (SUVARNA PRASHAN) IN PEDIATRIC CARE" ON 28 -29 NOV 2022 IN VATSALYAM 2022- INTERNATIONAL SEMINAR AT BHOUSAHEB MULAK MAHAVIDYALAYA, NAGPUR

2) "A REVIEW -HYPERLIPIDEMIC DRUGS W.S.R TO MEDOVRUDDHI" IN INTERNATIONAL CONFERENCE ON 11 & 12 MARCH 2023 AT PANCHGAVYA 2023 MAHATMA GANDHI AYURVED COLLEGE, WARDHA.

- **ARTICLES:**

" A REVIEW ON KHADIR (ACACIA CATECHU) AS A BEST RASAYAN (IMMUNE MODULATOR) FOR SKIN" IN JULY 2022 JOURNAL- WJAHR VOLUME- 6 PAGE NUMBER- 65-68

6) ACHIEVEMENTS BY DR. NILESHKUMAR SAMARJIT TIWARI

- **TITLE OF SYNOPSIS:**
"TO SEE THE EFFECT OF CHIRBILVADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA"
- **PAPER PRESENTATION:**
VIRECHANA IN TAMAKA SHWASA WITH SPECIAL RESPECT TO EXTRINSIC ASTHMA- A LITERATURE REVIEW
- **POSTER PRESENTATIONS:**
"PSORIASIS- A CASE REPORT".

(POSTER PRESENTATION ON 16TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI

7) DR. SNEHAL RANAZUNJARE Ph.D 1ST YEAR (SCHOLAR)

TITLE OF SYNOPSIS: A CONTROLLED CLINICAL STUDY TO EVALUATE EFFICACY BETWEEN TRIPHALADI VATI AND ROSUVASTATIN IN THE MANAGEMENT OF HYPERLIPIDEMIA.

8) DR. SARIKA DANGE Ph.D 1ST YEAR (SCHOLAR)

TITLE OF SYNOPSIS: "A CONTROLLED CLINICAL STUDY OF MUSTADI GUGGULU AND TABLET ATORVASTATIN IN THE MANAGEMENT OF HYPERLIPIDEMIA."

**9) ACHIEVEMENT BY DR. KHARAT DNYANESHWAR SHESHRAO
UNDER GUIDE : DR. KULDEEP RAJ KOHLI
CO-GUIDE: DR. GEETA PARULKAR**

- **SYNOPSIS TITLE:**
"A RANDOMIZED, PLACEBO CONTROLLED, DOUBLE BLIND CLINICAL STUDY TO INVESTIGATE THE EFFICACY OF NISHADIYOGA GHANAVATI IN PATIENTS WITH NON-PROLIFERATIVE DIABETIC RETINOPATHY AND RELATED EXPERIMENTAL STUDIES"
- **PAPER PRESENTATION:**
1."AYURVEDIC APPROACH ON TODAY'S LIFESTYLE DISEASES"

(PAPER PRESENTATION ON 16TH AND 17TH FEBRUARY, 2023 AT NATIONAL 3EERTYRESEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI

UNDER DR. SUNIL BHASKARE

1) ACHIEVEMENT BY DR. HARSHAL M. BARI

- **SYNOPSIS TITLE:**

"AN OPEN COMPARATIVE CLINICAL STUDY TO EVALUATE ANTIALLERGIC EFFECT OF SHWASHAR GHAN VATI AND ABHRAKADI GHAN VATI IN TAMAK SHWAS W. S. R. TO EXTRINSIC ASTHMA"

- **PAPER PRESENTATIONS:**

"PLATELET RICH PLASMA THERAPY FOR HAIR LOSS: A REVIEW OF THE LITERATURE AND PROPOSED TREATMENT PROTOCOL" DATE -24/12/2022
(A NATIONAL WEBINAR BY AGADTANTRA DEPARTMENT
CHAITANYA AYURVEDA MAHAVIDYALAY SAKEGAON BHUSAWAL)

- **ARTICLES:**

1)" ROLE OF AYURVEDA MEDICINE IN PEDIATRIC CARE W. S. R. TO RASAYANA DRUGS: A REVIEW" IN JUNE 2022 JOURNAL- HIMALAYAN JOURNAL OF HEALTH SCIENCE

2) "INTERNAL MEDICINES PRESCRIBED IN AYIRVEDA FOR BAL ROGA AND THEIR POSSIBLE SIDE EFFECTS "AUG 2022 AYUSH DARPAN JOURNAL -ISSN 09763368/RNIN:2010/33674

3) "MEDICINAL IMPORTANCE OF SHAKAVARGA DRAVYA: A REVIEW" JULY- AUG 2022 INTERNATIONAL JOURNAL OF AYUSH - ISSN :23497025

2) ACHIEVEMENT BY DR ANKUR SINGHAL

- **SYNOPSIS TITLE:**

CLINICAL COMPARATIVE STUDY OF SOTHKALANAL RAS & PUNARNAVASTAK KWATH IN THE MANAGEMENT OF PRIMARY HYPOTHYROIDISM.

- **PAPER PRESENTATIONS:**

1) 'AVURVEDIC PROTOCOL TO MANAGE STHOLAYA' AT A SYMPOSIUM ORGANISED BY GSAMC&H ON WORLD OBESITY DAY, 2ND MARCH 2023

2) 'CLINICAL UTILITY OF RASAYANA IN TUBERCULOSIS PATIENT' AT A SEMINAR ORGANISED BY GSAMC&H ON WORLD TUBERCULOSIS DAY, 24TH MARCH 2023.

3) 'CLINICAL STUDY IN THE MANAGEMENT OF ESSENTIAL HYPERTENSION WITH YOGA MODALITIES' AT AYURVEDA PARVA HELD AT CCS UNIVERSITY MEERUT FROM 11TH TO 13TH MARCH 2023

4) 'ENDOCRINE DISORDERS IN VIEW OF INDIAN SYSTEM OF MEDICINE' AT INTERNATIONAL WEBINAR ORGANISED BY GSAMC&H ON 2ND OCTOBER 2022

- **ARTICLES:**

- 1) REVIEW ARTICLE: ARTIFICIAL INTELLIGENCE: TRANSFORMING AYURVEDA (IJAMY ,VOLUME 16,NUMBER 1 2023)
- 2) AN ANALYTICAL STUDY OF KAL MEGHA AND KIRATIKA: AN ECONOMIC SUBSTITUTE FOR METRO CITIES IN GLOBAL PANDEMIC WITH HEALTH CARE (JONAM, VOLUME 6 ISSUE 2)
- 3) 'CLINICAL COMPARATIVE STUDY IN THE MANAGEMENT OF ANXIETY DISORDERS WSR CHITTODVEGA' (IJAMY, VOLUME 14, ISSUE 4, OCTOBER – DECEMBER 2021, PAGES 109-115)
- 4) 'CLINICAL STUDY IN THE MANAGEMENT OF ESSENTIAL HYPERTENSION WITH PRANAYAM, SURYANAMASKAR AND SHAVASANA' (IJAMY, UPCOMING ISSUE)
- 5) 'CLINICAL STUDY IN THE MANAGEMENT OF POST COVID SYNDROME' (INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH AND GROWTH EVALUATION, VOLUME 2; ISSUE 3; MAY-JUNE 2021; PAGE NO. 222-225)
- 6) EFFICACY OF YOGA MODALITIES IN BOOSTING IMMUNITY IN FRONT LINE HEALTH CARE WORKERS (IAMJ, SEPTEMBER 30, PAGE NO.4337-4341)

3) **ACHIEVEMENT BY DR. SAMIN SHAIKH**

SYNOPSIS TITLE:

“A COMPARATIVE CLINICAL STUDY OF MUSTAADI GHANAVATI AND TRIKATU CHURNA IN THE MANAGEMENT OF PRIMARY HYPOTHYROIDISM.”

PAPER PRESENTATION:

- 1) AYURVEDIC MANAGEMENT OF GHRIDHRASI W.S.R TO SCIATICA: A CASE STUDY
- 2) AT A NATIONAL WEBINAR ORGANISED BY AGADTANTRA DEPARTMENT AT CHAITANYA AYURVEDA MAHAVIDYALAY & HOSPITAL, BHUSAVAL
24th DECEMBER 2022

3) **ACHIEVEMENTS OF DR. ANIL KUMAR SHUKLA**

- **SYNOPSIS TITLE:**

EXPERIMENTAL & CLINICAL EVALUATION OF KIRATTIKTADI COMPOUND IN PRAMEHA VIS-À-VIS DIABETES MELLITUS

- **ARTICLES:**

ROLE OF AYURVED AHAR (DIET) & VIHAR (LIFE STYLE) IN THE PROMOTION OF HOLISTIC HEALTH & PREVENTION OF NON-COMMUNICABLE DISEASES (NCDS)

A REVIEW ARTICLE PUBLISHED IN JOURNAL OF VISHWA AYURVED PARISHAD,
ISSN: 0976-8300, VOL 5-6, YEAR-18, PAGE NO.3-16, MAY-JUNE 2022,

- **PAPER PRESENTATION:**

- 1) PRESENTED A PAPER IN THE “25TH CONVOCATION & 27TH NATIONAL SEMINAR ON “AYURVED AAHAR-SWASTH BHARAT KA AADHAR” HELD ON 11TH-12TH MARCH 2022 ORGANISED BY RAV-NATIONAL ACADEMY OF AYURVED, MINISTRY OF AYUSH, GOVT OF INDIA AT VIGYAN BHAVAN, NEW DELHI.
- 2) PRESENTED A PAPER TITLED “EXPERIMENTAL STUDY OF A POLYHERBAL FORMULATION FOR SAFETY AND ANTIDIABETIC ACTIVITY IN ALLOXAN INDUCED DIABETIC RATS” IN A NATIONAL SEMINAR ON “AYURVEDA WISDOM-A SOLUTION FOR LIFE STYLE DISORDERS” ORGANIZED BY DIRECTORATE OF AYUSH, MAHARASHTRA STATE ON 16TH-17TH FEBRUARY 2023 AT DY PATIL AUDITORIUM, NERUL, NAVI MUMBAI.

- **AWARD:**

“DHANWANTARI AWARD-2022” FOR CONTRIBUTION IN FIELD OF AYURVED EDUCATION & RESEARCH BY INDIANVAIDYAS & HEMPVAIDYAS, NEW DELHI.

5) ACHIEVEMENT BY DR. ANIRUDH TRIPATHI

- **SYNOPSIS TITLE:**

“EXPERIMENTAL AND CLINICAL EVALUATION OF MAMEJAVA GHANVATI (ENICOSTEMMA LITTORALE BLUME) IN PRAMEHA VIS-À-VIS DIABETES MELLITUS”

- **RESEARCH PAPER PUBLISHED:**

- 1) RANDOMIZED CLINICAL TRIAL: THE EFFECT OF PROBIOTIC BACILLUS COAGULANS UNIQUE IS2 VS. PLACEBO ON THE SYMPTOMS MANAGEMENT OF IRRITABLE BOWEL SYNDROME IN ADULTS, SCIENTIFIC REPORT NATURE SCIENCE, 2019

- 2) EFFICACY OF UB0316, A MULTI-STRAIN PROBIOTIC FORMULATION IN PATIENTS WITH TYPE 2 DIABETES MELLITUS: A DOUBLE BLIND, RANDOMIZED, PLACEBO-CONTROLLED STUDY, PLOS ONE,2019
- 3) EFFECT OF MULTI-STRAIN PROBIOTIC (UB0316) IN WEIGHT MANAGEMENT IN OVERWEIGHT/OBESE ADULTS: A 12-WEEK DOUBLE BLIND, RANDOMISED, PLACEBO-CONTROLLED STUDY, BENEFICIAL MICROBES,2019
- 4) AN OPEN LABEL, PHASE II CLINICAL STUDY TO EVALUATE THE EFFICACY AND SAFETY OF DPOR/JR2007 IN OSTEOARTHRITIS OF KNEE, JOURNAL OF HERBAL MEDICINE 2021

- **ARTICLE:**

- 1) UTTAR VASTI-UTERINE AND URETHRO VESICAL ENEMA, AYURVEDLINE 6 TH EDITION – MENARCHE TO MENOPAUSE
- 2) RASAYOGAS FOR CONJUGAL BLISS, AYURVEDLINE 9 TH EDITION – SEX MEDICINE PART 2 (RESEARCH)
- 3) MANAGEMENT OF VISARPA IN CHILDREN, AYURVEDLINE 10 TH EDITION – MANAGEMENT OF INFECTION
- 4) IMPACT OF CIGARETTE, AYURVEDLINE 11 TH EDITION

- **PAPER PRESENTATION**

- 1) AYURVEDA TODAY CONFERENCE BANDRA KURLA COMPLEX MUMBAI, SCIENTIFIC PAPER PRESENTATION
- 2) R A PODAR GOVT AYURVEDIC MEDICAL COLLEGE WORLI MUMBAI IN ASSOCIATION OF SETH G S MEDICAL COLLEGE & KEM HOSPITAL MUMBAI APPROVED BY MUHS NASIK, BASIC WORKSHOP IN RESEARCH METHODOLOGY

6) DR. TUSHAR PUNSE (Ph.D 1ST YEAR SCHOLAR)

7)DR. RAJNIKANT (Ph.D 1ST YEAR SCHOLAR)

8)DR. SHIVANIKUMAR DUBEY (Ph.D 1ST YEAR SCHOLAR)

UNDER DR. MINAKSHI REWADKAR-KOLE

1) ACHIEVEMENT BY DR. AARTI DATYE

- **SYNOPSIS TITLE:**

"A CONTROLLED CLINICAL STUDY TO EVALUATE EFFCACY OF SARIVADI YOGA IN DIABETIC KIDNEY DISEASE W.S.R TO MICROALBUMINUREA

- **PAPER PRESENTATIONS:**

1.MICROALBUMINUREA IN DIABETES MELLITUS IT IS PATHOPHYSIOLOGICAL CORRELATION WITH AYURVEDA, A CONCEPTUAL STUDY

- **AWARDS:**

1 ST PRIZE IN ORAL PAPER ON MICROALBUMINUREA IN DIABETES MELLITUS (PAPER PRESENTATION ON 16TH AND 17TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI)

2) DR. SNEHAL NAMBIAR (Ph.D 1ST YEAR SCHOLAR)

3) DR. PRAVIN BURAM (Ph.D 1ST YEAR SCHOLAR)





MODIFIED ON 9TH JUNE 2023 (FILE 2)

RESEARCH PROJECTS OF PG /PhD SCHOLARS

UNDER GUIDANCE OF DR. GEETA PARULKAR IN 2022-23

COMPLETED PROJECTS:

VD. MANISHA INGLE	2019-22	RANDOMISED CONTROLLED CLINICAL STUDY OF MUSTADI VATI IN THE MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA
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ONGOING PROJECTS OF PG STUDENTS:

VD. SYED MUJAHID ALI	2021 -22	A RANDOMISED CONTROLLED CLINICAL STUDY TO ESTIMATE THE EFFECT OF ARJUNADI VATI IN MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA.
VD. PRAMILA AHIRE	2021-22	A RANDOMISED CONTROLLED CLINICAL STUDY TO ESTIMATE THE EFFECT OF HARIDRADI VATI IN MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA

VD.AKANKSHA AGALE	2022-23	A RANDOMISED CONTROLLED CLINICAL STUDY TO SEE THE EFFICACY OF VARUNADI VATI IN THE MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA.
VD. AJAY MARMAT	2022-23	A RANDOMISED CONTROLLED CLINICAL STUDY TO SEE THE EFFICACY OF VATSAKADI VATI IN THE MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA

ONGOING PROJECTS OF PhD STUDENTS

1.	VD. ASHISH KECHE	2018	RANDOMISED OPEN CONTROLLED CLINICAL STUDY TO SEE THE EFFECT OF KARANJADI VATI IN MANAGEMENT OF MEDODUSHTI WITH SPECIAL REFERENCE TO DYSLIPIDEMIA.’
2.	VD. ASHOK KUMAR JANGID	2018	A COMPARITIVE CLINICAL STUDY OF MALATYADI TAIL AND MINOXIDIL SOLUTION IN THE MANAGEMENT OF ANDROGENETIC ALOPECIA (KHALITYA)
3.	VD. ANAGHA KOTHADIA	2018	A COMPARATIVE STUDY ON ASHWAGANDHADI VATI AND TRAYODASHANG GUGGULU IN THE MANAGEMENT OF JANUSANDHIGATVATA WITH SPECIAL REFERENCE TO KNEE OSTEOARTHRITIS

4.	VD. MEENAL VAIDYA	2018	RANDOMISED CLINICAL CONTROL STUDY OF PANCHATIKA GHRUT MATRA BASTI IN THE MANAGEMENT OF ASTHIMAJJA KSHAYA W.S.R.TO OSTEOPOROSIS.
5.	VD. VAISHALI MESHAM	2020	AN OPEN CLINICAL TRIAL TO EVALUATE THE EFFICACY OF VATSAKADI VATI IN MANAGEMENT OF HYPERLIPIDEMIA
6.	VD. NILESH TIWARI	2022	"TO SEE THE EFFECT OF CHIRBILVADI VATI IN THE MANAGEMENT OF MEDODUSHTI W.S.R TO DYSLIPIDEMIA"
7.	VD. SNEHAL RANZUNZARE	2023	A CONTROLLED CLINICAL STUDY TO EVALUATE THE EFFICACY BETWEEN ASANADI VATI AND ROSUVBASTATIN IN MANAGEMENT OF HYPERLIPIDEMIA
8.	VD. SARIKA DANGE	2023	CONTROLLED CLINICAL STUDY OF TRIPHALADI GUGGUL AND TABLET ROSUVASTATIN IN THE MANAGEMENT OF HYPERLIPIDEMIA

OTHER PROJECTS:**COMPLETED PROJECTS:**

SR. NO	TITLE	DURATION	NO. OF PATIENTS
1	TO STUDY THE EFFICACY OF VIRECHANA IN DIFFERENT AILMENTS	05 APRIL 2022 TO 08 MARCH 2023	32
2	TO SEE THE EFFECT OF RAKTAMOKSHANA (BLOOD LETTING) IN DIFFERENT AILMENTS	22 APRIL 2022 TO 10 FEBRUARY 2023	30
3	VASANTIKA VAMANA	25 FEBRUARY 2023 TO 13 MAY 2023	12

ONGOING PROJECTS:

SR. NO	TITLE	DURATION	NO. OF PATIENTS
1	KAALBASTIKARMA PROJECT	JANUARY 2022 - ONGOING	30 (TILL DATE)
2	OBESITY PROJECT	JANUARY 2022- ONGOING	13 (TILL DATE)

RESEARCH PAPERS PUBLISHED BY DR. GEETA PARULKAR IN 2022-23

01	NATIONAL	2023	-	POST-COVID PROBLEMS CAN BE SOLVED BY AYURVEDIC WAYS	UPCOMING ISSUE	AYURVED PATRIKA (AYUSH JOURNAL)
02	INTERNATIONAL	2023	-	A CASE STUDY OF PSORIASIS MANANGED BY AYURVEDA	UPCOMING ISSUE	IJSR (PUBMED JOURNAL)

RESEARCH PAPERS OF PG / PhD SCHOLARS PUBLISHED

UNDER GUIDANCE OF DR GEETA PARULKAR IN 2022-23

OF PG SCHOLARS

01	NATIONAL	2022	ISSN 2278- 0726	CLINICAL USES OF BRIHATVATCHINTAMANI	VOL 75, ISSUE- 10 APR 2022 PG. NO. 44-46	DR. SAYALI PINGALE & DR. GEETA (CO- GUIDE)	AYURVED PATRIKA
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				RASA IN DIFFERENT AILMENTS			
02	NATIONAL	2023	ISSN 2278-0726	"A CASE STUDY ON THE AYURVEDIC MANAGEMENT OF RHEUMATOID ARTHRITIS".	VOL-76 ISSUE NO-9, MARCH 2023 PAGE NO-24-30	DR. SYED MUJAHID ALI &DR. GEETA PARULKAR (GUIDE)	AYURVED PATRIKA
03	NATIONAL	2023	ISSN 2278-0726	."A CASE REPORT: AN AYURVEDIC MANAGEMENT OF ECZEMA W.S.R TO VICHARCHIKA".	VOL-76 ISSUE NO-9, MARCH 2023, PAGE NO-32-36	DR. PRAMILA AHIRE & DR. GEETA PARULKAR (GUIDE)	AYURVED PATRIKA
04	NATIONAL	2023	ISSN 2278-0726	ROLE OF SHAMANA AND SHODHANA CHIKITSA IN MEDOVRIDDHI WITH SPECIAL REFERENCE TO HYPERLIPIDEMIA	VOL-76, PAGE NO. – 19-23	DR. SNEHAL RAC HCHAWAR & DR. GEETA PARULKAR(CO-GUIDE)	AYURVED PATRIKA

OF PhD SCHOLARS

01	INTERNATIONAL	2022	2277-7105 2022	EFFECT OF AYURVEDIC PREPARATION ON POST MALIGNANCY ORAL FISTULA - SINGLE CASE STUDY		DR. MINAL VAIDYA &DR. GEETA PARULKAR (GUIDE)	WJPR
02	INTERNATIONAL	2022	2277-7105 2022	ROLE OF AYURVEDIC PANCHAKARMA WITH CONSERVATIVE AYURVEDIC TREATMENT IN MANAGEMENT OF CKD		DR. MINAL VAIDYA &DR. GEETA PARULKA (GUIDE)	WJPR
03	INTERNATIONAL	2023	2277-7105 2023	AN AYURVEDIC MANAGEMENT OF PSORIASIS: A SINGLE CASE STUDY	VOL 12, ISSUE 6, 2023	DR. MINAL VAIDYA &DR. GEETA PARULKAR (GUIDE)	WJPR

04	INTERNATIONAL	2023	2277-7105 2023	AN AYURVEDIC MANAGEMENT OF DIABETIC NEUROPATHY: A SINGLE CASE STUDY	VOL12, ISSUE 6,2023	DR. MINAL VAIDYA &DR. GEETA PARULKAR (GUIDE)	WJPR
05	INTERNATIONAL	2023	2277-7105 2023	AN AYURVEDIC MANAGEMENT OF DIABETIC FOOT: A SINGLE CASE STUDY	VOL12, ISSUE 6,2023	DR. MINAL VAIDYA & DR. GEETA PARULKAR (GUIDE)	WJPR

RESEARCH PAPERS PRESENTED UNDER GUIDANCE OF DR GEETA PARULKAR IN 2022-23

SR. NO	NAME	TITLE OF PRESENTATION	VENUE	DATE	EVENT
1.	DR. MANISHA INGLE	“AYURVEDIC MANAGEMENT OF LUMBAR SPONDYLOSIS: A CASE STUDY”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
2.	DR. SAYALI PINGALE	ROLE OF PATRAPOTTALI SWEDANA ALONG WITH SHAMANA CHIKITSA IN THE MANAGEMENT OF OSTEOARTHRITIS”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES

3.	DR. SYED MUJAHID ALI	“A CASE STUDY ON AYURVEDIC MANAGEMENT OF PSORIASIS”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
4.	DR. PRAMILA AHIRE	“A CASE REPORT: AYURVEDIC MANAGEMENT OF PAKSHAGHATA W.S.R. TO HEMIPLEGIA	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
5.	DR. SNEHAL RACHCHAWAR	“MANAGEMENT OF VICHARCHIKA (ECZEMA) WITH AYURVEDIC INTERVENTION- A CASE STUDY”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES

6.	DR. AKANKSHA AGALE	“A CASE REPORT OF MANAGEMENT OF CHRONIC SINUSITIS BY AYURVEDIC WAY”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
7.	DR. AJAY MARMAT	“A CASE REPORT: AYURVEDIC MANAGEMENT OF MANYAGATA VATA W.S.R. TO CERVICAL SPONDYLOSIS	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI.	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
8.	DR. DEEPIKA SURYAWANSHI	“EFFICACY OF NASYA IN FACIAL PALSY: A CASE STUDY”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
9.	DR. HIMANI GIRI	“A CASE REPORT ON STUDY OF EFFECT OF NITYANANDA RASA IN SHLIPADA W.S.R TO FILARIASIS”.	GOLDEN JUBILEE HALL, R.A. PODAR MEDICAL COLLEGE, WORLI, MUMBAI	11 TH NOVEMBER 2022	SEMINAR ON GOOD CLINICAL PRACTICES
10.	DR. SAYALI PINGALE	AN OPEN CLINICAL STUDY TO EVALUATE	WORLD AYUSH EXPO AND	11 TH JUNE -22	AYURVEDA REASEARCH

		THE EFFICACY OF SHATAPAKI GUDUCHI TAIL IN MANAGEMENT OF MADHUMEHA W.S.R TO DIABETES MELLITUS TYPE 2	SUMMIT, NESCO COMPLEX, GOREGAON EAST, MUMBAI		PRESENTATION WORKSHOP
11.	DR. MANISHA INGLE	A RANDOMISED CONTROLLED CLINICAL STUDY TO SEE THE EFFECT OF MUSTADI VATI IN MANAGEMENT OF MEDODUSHTI W.S.R. TO DYSLIPIDEMIA	WORLD AYUSH EXPO AND SUMMIT, NESCO COMPLEX, GOREGAON EAST, MUMBAI	11 TH JUNE -22	AYURVEDA REASEARCH PRESENTATION WORKSHOP
12.	DR. SYED MUJAHID ALI	"A CASE REPORT ON AYURVEDIC MANAGEMENT OF PAKSHAGHATA W.S.R TO HEMIPLEGIA."	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR,

13.	DR. PRAMILA AHIRE	"A CASE REPORT: AYURVEDIC MANAGEMENT OF OSTEOARTHRITIS WITH COMBINED THERAPIES OF SHODHANA AND SHAMANA CHIKITSA “	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR
14.	DR. SNEHAL RCHCHAWAR	A CASE STUDY: AN AYURVEDIC MANAGEMENT OF KATIGATA VATA W.S.R TO LUMBAR SPONDYLOSIS	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR
15.	DR. AJAY MARMAT	” A CASE REPORT ON AYURVEDIC MANAGEMENT OF PSORIASIS”	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR

16.	DR. AKANKSHA AGALE	A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN DADRU W.S.R TO FUNGAL INFECTION”	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR
17.	DR. DEEPIKA SURYAWANSHI	“A CASE STUDY ON THE AYURVEDIC MANAGEMENT OF STHOULYA W.S.R. TO OBESITY”	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR
18.	DR. HIMANI GIRI	"AN AYURVEDIC MANAGEMENT OF VICHARCHIKA W.S.R TO ECZEMA ".	D.Y. PATIL INSTITUTE, NAVI MUMBAI	16 TH AND 17 TH FEBRUARY, 2023	NATIONAL SEMINAR

3.RESEARCH AWARDS OF DR. GEETA PARULKAR FOR PEER REVIEWS

(UNDER PUBLONS) IN 2022-23

1.	JPRI 79370	EVALUATION OF LUNG FUNCTION TEST IN ZUMBA DANCERS	01/01/2022
2.	EJMP-84318	PHARMACOLOGICAL AND THERAPEUTICAL POTENTIAL OF HERBAL COGNITIVE ENHANCER	20/02/2022
3.	JPRI-90331	'KADUKKAI- TERMINALIA CHEBULA RETZ. (ELIXIR OF REJUVENATION) – A GIFT OF SIDDHA MEDICINE '	05/08/2022
4.	JAMMR_94451	ORAL MAGNESIUM SUPPLEMENTS FOR MANAGEMENT OF PEDIATRIC ASTHMA PATIENTS	05/12/2022
5.	AJARR_94802	'THE EFFECT OF TEA ADDITIVES AND DECOCTION TIME ON THE ANTIOXIDANT ACTIVITY OF TRADITIONAL LIBYAN TEA'	13/12/2022
6.	EJMP_94800	EVIEW ON HERBAL REMEDIES FOR DYSENTERY AND DIARRHEA FROM THE MELGHAT REGION OF MAHARASHTRA STATE, INDIA	14/12/2022
7.	EJMP_94800	REVIEW ON HERBAL REMEDIES FOR DYSENTERY AND DIARRHEA FROM THE MELGHAT REGION OF MAHARASHTRA STATE, INDIA	13/12/2022

8.	JPRI_96298	SUTIKA WELLBEING WSR TO INVOLUTION OF UTERUS- A PILOT STUDY	7/02/2023
9.	JABB_96856	"ETHNO-BOTANICAL SURVEY OF PLANTS USED FOR THE TREATMENT OF SEXUALLY TRANSMITTED DISEASES IN THE SUDAN SAVANNAH REGION OF NIGERIA"	15/02/2023
10.	JAMMR_97138	EFFECT OF BUDESONIDE INHALATION ON ASTHMATIC CHILD: A RANDOMIZED CONTROLLED TRIAL	08/03/2023
11.	:MS_AIR_98002	CHONDROPATHY: THE ROLES OF FIBROBLAST GROWTH FACTOR RECEPTORS-3(FGFR3) IN SKELETAL DYSPLASIA SPECTRUM	22/03/2023
12.	MS_JPRI_98306	A BRIEF REPORT ON HYPERLIPIDEMIA AND INDUCING MODELS- INVITRO AND INVIVO	25/03/2023
13.	MS_EJMP_99076	ETHNOBOTANICAL STUDY ON AWARENESS OF MEDICINAL PLANTS USED TO TREAT URINARY TRACT INFECTION AND MICROBIAL INFECTIONS IN BIHARAMULO DISTRICT	20/04/2023
14.	MS_AJRAF_99903	ASSESSMENT OF FOREST TREE SPECIES IN SEMI-ARID REGION OF NIGERIA WITH POTENTIAL OF ENRICHING ORGANIC COSMETIC PRODUCTION	11/05/2023

OTHER AWARDS:

1. AS AN ORGANISER FOR CONDUCTING CME AT WORLD AYUSH EXPO ON 6TH MARCH, 2022 AT NEHRU SCIENCE CENTRE, WORLI MUMBAI.
2. FOR OPERATING FREE MEDICAL OPD ON 11TH OF JUNE, 2022 AT WORLD AYUSH EXPO AND SUMMIT, NESCO COMPLEX GOREGAON EAST, MUMBAI
3. FOR OPERATING FREE MEDICAL OPD AND HB DETECTION CAMP AT WORLD AYUSH EXPO ON 23 DECEMBER, 2023 AT NEHRU SCIENCE CENTRE, WORLI, MUMBAI.
4. AS JUDGE FOR POSTER PRESENTATION AT NATIONAL SEMINAR ON LIFESTYLE DISORDERS, ON 17TH FEBRUARY, 2023 AT DY PATIL INSTITUTE, NAVI MUMBAI.

RESEARCH AWARDS OF PG SCHOLARS

SR. NO	STUDENTS NAME	AWARD
1	DR. SAYALI PINGALE	1.DR. SUNANDA AND SUBHASHA RANADE AWARD FOR THE SELECTION OF ARTICLE IN AYURVEDIC PATRIKA ENTITLED "CLINICAL USES OF BRIHATVATCHINTAMANI RASA IN DIFFERENT AILMENTS" 2022 2.WON CHARAKA AWARD 2023.

2	DR. PRAMILA AHIRE	DR. SUNANDA AND SUBHASHA RANADE AWARD FOR THE SELECTION OF ARTICLE IN AYURVEDIC PATRIKA ENTITLED, "A CASE REPORT: AN AYURVEDIC MANAGEMENT OF ECZEMA W.S.R TO VICHARCHIKA"2023
3	DR. AKANKSHA AGALE	2nd PRIZE- FOR THE TOPIC- "A CASE REPORT: TO STUDY THE EFFICACY OF AYURVEDIC MANAGEMENT IN KHALITYA W.S.R TO ALOPECIA AREATA" (POSTER PRESENTATION ON 16 TH AND 17 TH FEBRUARY, 2023 AT NATIONAL SEMINAR, DY PATIL INSTITUTE, NAVI MUMBAI)

KAYACHIKITSA DEPARTMENT ACHIEVEMENTS AND FEATURES
UNDER R.A. PODAR MEDICAL COLLEGE

1. As an educational institution for UG, PG, PhD (Sch.) in different Camps as follows;

- A. Vamana Camp (Emesis Therapy)
- B. Virechana Camp (Purgation Therapy)
- C. Basti Camp (Oil and Decoction Enema Therapy)
- D. Nasya (Nasal Insufflation Therapy)
- E. Siravedha Camp (Blood-letting Therapy)
- F. Jalaukavacharana Camp (Leech Therapy)

2. Medical Services for Different Ailments in Outdoor and Indoor Male Medical, Female Medical and Special Wards.

3. Free Medical Services for Public Awareness outside Podar by Kayachikitsa Teachers and PG Students.

- A. Camp to rule out / to conquer Sthaulya (Obesity), Medovridhhi (Hyperlipidemia), Medodushti (Dyslipidemia), Madhumeha (Diabetes Mellitus), Uchcharaktadaba (Hypertension), Hridroga (IHD)etc.
- B. Hb Detection Camp
- C. RBS Detection Camp
- D. BMD Camp
- E. To discuss the importance of Ayurvedic Kalpas with public, For e.g. Swarna Kalpas (Vasantkusumakar Rasa, Swarnamalinivasant Rasa, Brihatvatachintamani Rasa etc)
- F. Camp to rule out / to conquer Twak Vikaras (Skin Disorders) Camp- [Eczema (Vicharchika), Psoriasis (Kilas), Dadru (Fungal Infection), Shwitra (Leucoderma)]
- G. Camp to cure ailments like Kamala (Jaundice), Alpa Yakruta Shotha (Mild Viral/Alcoholic Hepatitis), Alpa Mutravaha Sanstha Vikaras (Mild Kidney Diseases).
- H. Rasayana Therapies (For Immunomodulation)
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- J. Management of Senior Citizen (Age-related ailments) like Arthritis (Osteo/ Rheumatoid/ Rheumatic/ Gouty), Spondylosis (Cervical/ Dorsal /Lumbar)

Osteoporosis, Musculoskeletal Disorders, Neuromuscular Disorders, Nervine Disorders, etc.

Following are some Evidence-based pictures from different angles on Indoor Patients In Flipped Classroom during Clinic for UG/PG Students/Interns.

- A. Vasantika Vamana pictures 2022-23
- B. Siravedha Camp pictures 2022-23
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Vasantik Vamana In Lumbar Spondylosis



Vasantik Vamana In a Patient of Psoriasis



Vasantik Vamana in a Patient of Dyslipidemia



Vasantik Vamana In a Patient of Alopecia



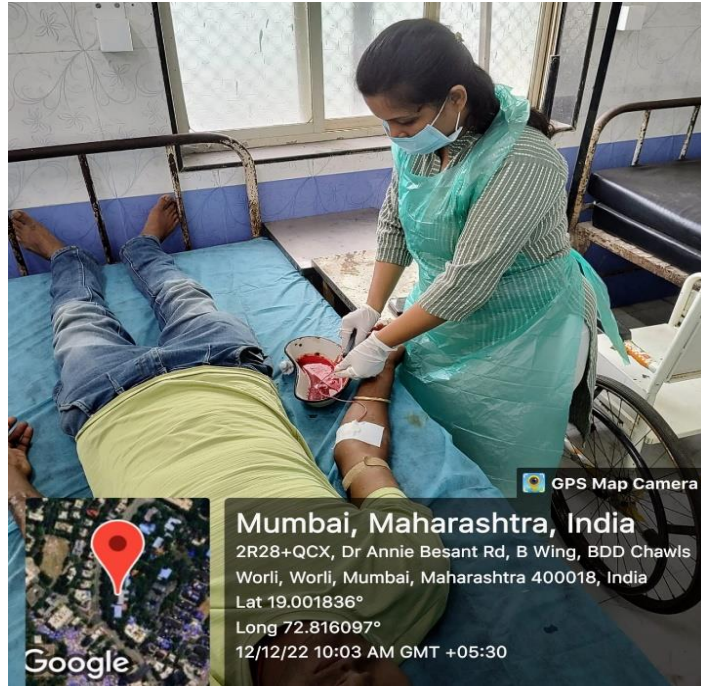
Siravedha for UG & PG Students in flipped Classroom in Indoor Patients.



Siravedha by PG Students in case of Osteoarthritis.



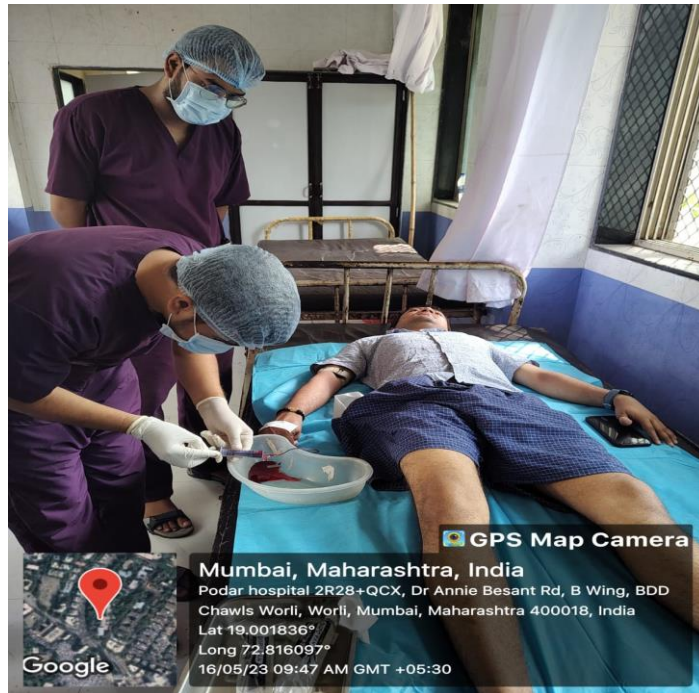
Siravedha by PG Students in case of Fungal Infection.



Siravedha by PG Students in case of Eczema.



Siravedha by PG Students in case of Skin Disorder.



Siravedha by PG Students in case of Urticaria.



Jalavkavacharan for UG & PG Students in flipped Classroom in Indoor Patients.



Shirodhara in a Patient suffering from Mental Stress



Shirobasti in a Patient suffering from Insomnia

Poster Presentations by PG Students in D.Y. Patil Institution of Ayurveda, Navi Mumbai

For Public Awareness For Benefits Of Ayurveda



Presentation on Ayurvedic Treatment of Alopecia under Cosmetology Field.



Presentation on Ayurvedic Treatment of Medodushti (Dyslipidemia)

IPD & OPD PICTURES



Katibasti in a Patient suffering from Lumbar Pain



Teachers discussing with sisters for IPD Cases.



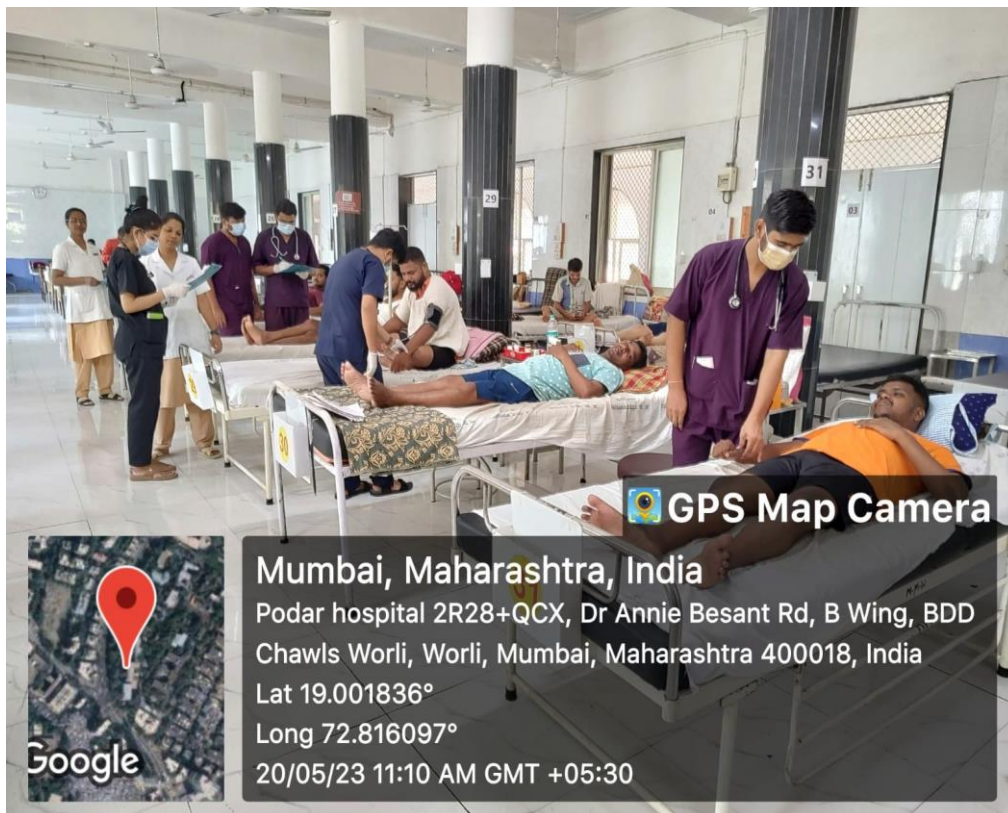
Manyabasti in a Patient of Cervical Spondylosis



Ubhay Janubasti in a Patient suffering from Knee Pain



Oxygen concentration & BP Checking in a IPD Case suffering from Hypertension
in Male Medical Ward



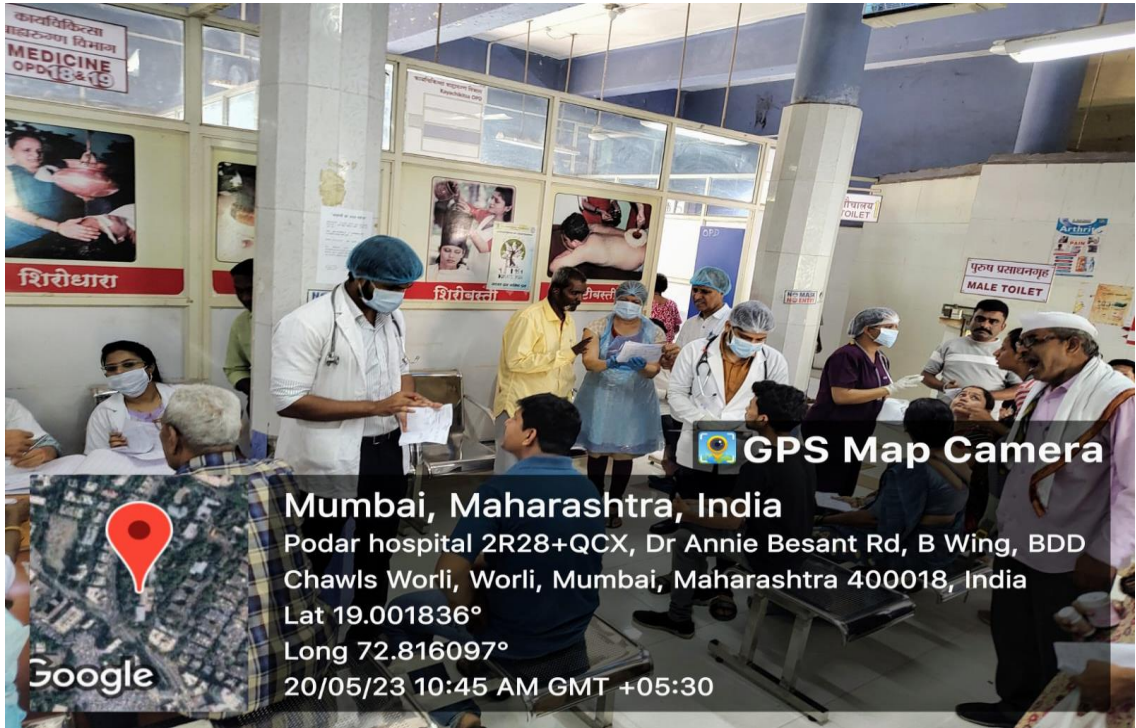
PG Students while providing medical aid in IPD Cases of Male Medical Ward



Kayachikitsa Teachers and PG Students while observing Chest X-ray
in IPD Case of Female Medical Ward



Special ward sisters while describing chart of different karmas



Kayachikitsa Teachers & PG while describing Ayurvedic treatments to Patients



Special ward sisters while describing chart of different karmas



Kayachikitsa Teacher and PG Students while providing IVF Facility in Male Medical Ward

KAYACHIKITSA DEPARTMENT ACHIEVEMENTS AND FEATURES
UNDER R.A. PODAR MEDICAL COLLEGE, MUMBAI-18 (FILE 3)

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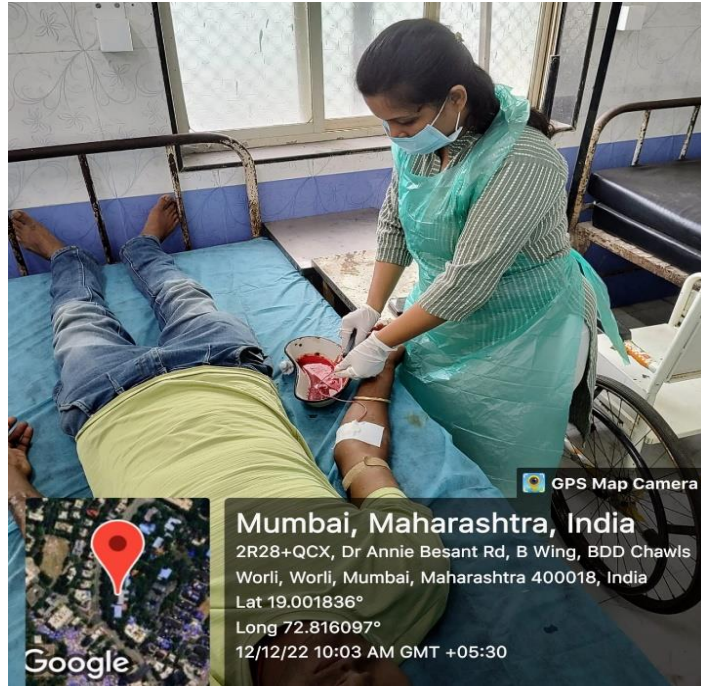
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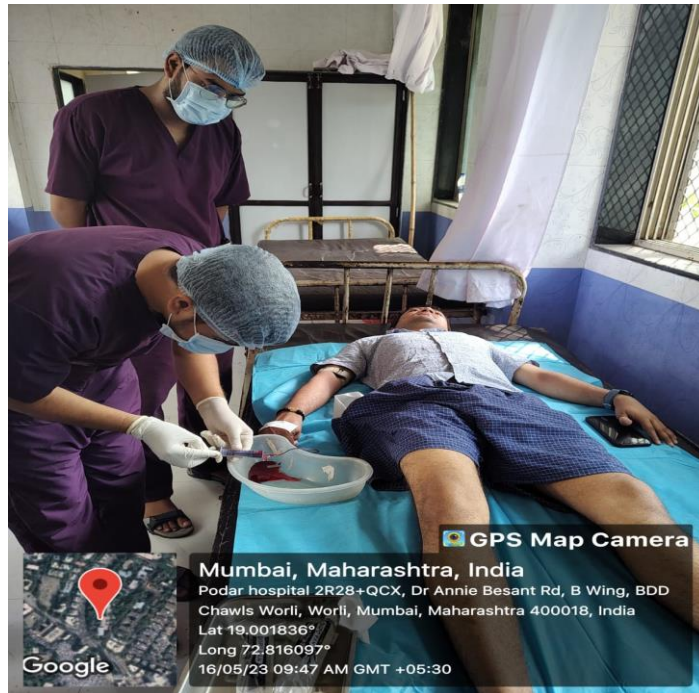
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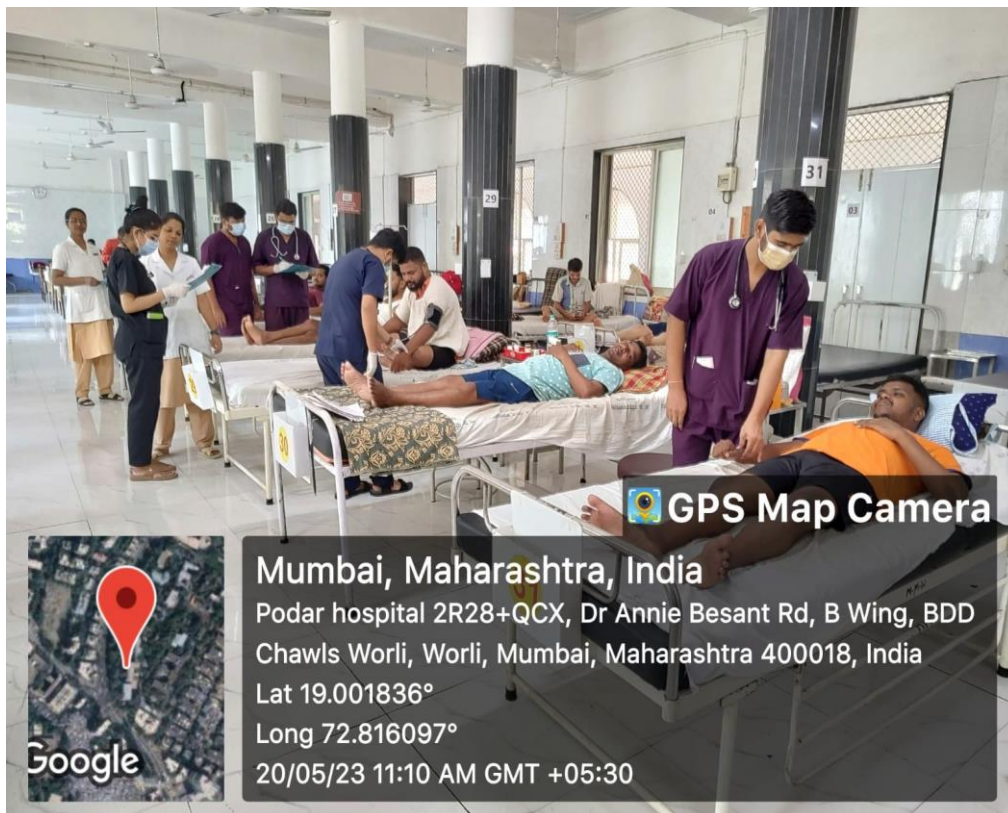
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Kayachikitsa PG Student Providing IVF Facility in Female Medical Ward



Kayachikitsa PG Student while recording ECG in Male Medical Ward



Kayachikitsa PG Student while providing Injection facility in Male Medical Ward



Kayachikitsa PG Student while checking Blood Glucose of a Patient by Glucometer
in Male Medical Ward

FREE MEDICAL CAMPS BY KAYACHIKITSA DEPARTMENT
FOR A MEDICAL AID UNDER M.A PODAR (GOVT),
HOSPITAL, WORLI, MUMBAI-18

1) Medical OPD on the occasion of MEGA Mumbai World Expo
For Public Awareness

- **Venue: Nehru Science Center, Worli, Mumbai-18**
- **Date: 06/03/2022**
- **Facilities Provided:**
 - 1) **Free BP Checking**
 - 2) **Chart Presentation of Swarna Kalpas**





2) Medical OPD in NSS Camp, Ambernath

- Venue: NSS Camp at MIDC area, Ambernath, Mumbai
- Date: 28/03/22

- **Facilities Provided:**

- 1) Diagnosis and free medicine distribution.
- 2) Free BP checking.



3) Medical OPD at Vajreshvari, Palghar

- **Venue: Ganesh Temple, Vajreshvari, Palghar, Mumbai.**
- **Date: 28/03/2022**
- **Facilities Provided:**
 - 1) **Diagnosis and free medicine distribution.**
 - 2) **Free BP checking.**



4) Medical OPD In Worli Police Station, Mumbai

- **Venue: Worli Police Station, Worli, Mumbai 18.**
- **Date: 24/04/2022**
- **No. of Patients Screened: 60**
- **Facilities Provided:**
 - 1)**Diagnosis and free medicine distribution.**
 - 2)**Free BP checking.**





5) Medical OPD at Nitthur, Kolhapur Camp

- **Venue: Z.P. Primary School, Nitthur, Kolhapur.**
- **25/04/2022 to 28/04/2022**
- **Facilities Provided:**
 - 1) **Diagnosis and free medicine distribution.**
 - 2) **Free BP checking.**



6) Medical OPD at Jijamata Nagar, Worli, Mumbai

- **Venue: Municipal Corporation School, Jijamata Nagar**
- **Date: 12/06/2022**
- **Facilities Provided:**
 - 1) **Diagnosis and free medicine distribution.**
 - 2) **Free BP checking.**
 - 3) **free RBS and Hb Detection.**
 - 4) **Free ECG Checking.**

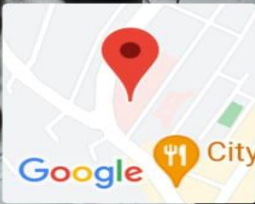




7) Hb Detection Camp at M.A. Podar (Govt) Hospital

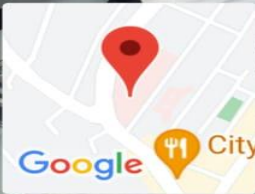
- **Venue:** In Medical OPD No. 16 and 17, M.A. Podar (Govt) Hospital, Worli, Mumbai-18
- **Date:** 03/12/2022
- **Facilities Provided:**
 - 1) Free BP checking.
 - 2) Free Hb Detection.





Mumbai, Maharashtra, India

2R28+QCX, Dr Annie Besant Rd, B Wing, BDD Chawls Worli, Worli, Mumbai, Maharashtra
400018, India
Lat 19.001824°
Long 72.816099°
03/12/22 09:15 AM
kayachikita department



Mumbai, Maharashtra, India

2R28+QCX, Dr Annie Besant Rd, B Wing, BDD Chawls Worli, Worli, Mumbai, Maharashtra
400018, India
Lat 19.001822°
Long 72.816096°
03/12/22 09:12 AM
kayachikita department

8) Medical OPD on the occasion of World AYUSH Expo For Public Awareness

- **Venue: At Nehru Center Halls, Worli, Mumbai-18**
- **Date: 23/12/2022**
- **Facilities Provided:**
 - 1) **Diagnosis and free medicine distribution.**
 - 2) **Free BP checking.**
 - 3) **Free CBC Investigation.**



**Chart Presentation In Flipped Classroom for PG Students
under AYUSH Natural World Expo 2022-23**



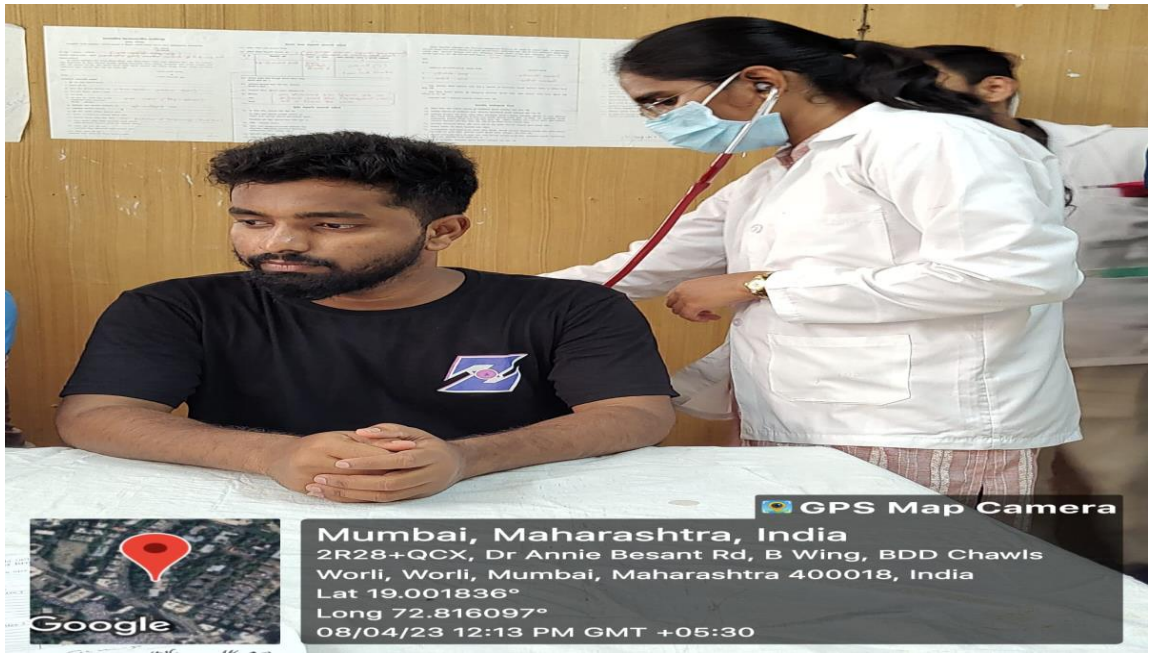
8) Free Medical Camp for Skin Diseases

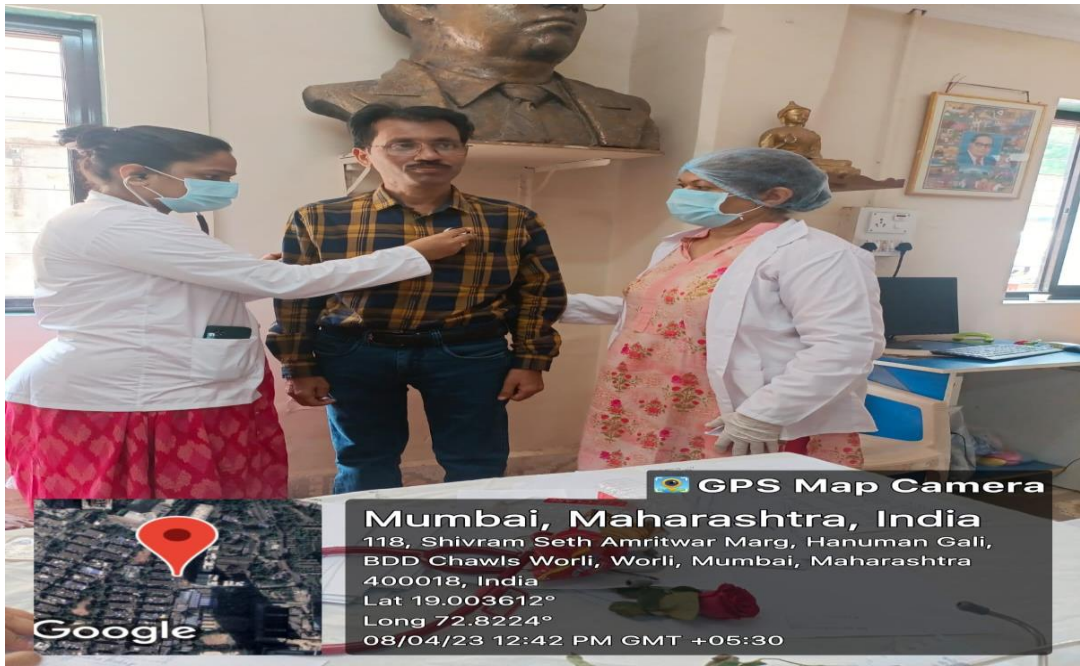
- **Venue: In Medical OPD 16 & 17, M.A Podar Hospital, Worli, Mumbai-18**
- **Date: 24/02/2022**
- **Facilities Provided:**
 - 1) **Diagnosis and free Medicine distribution.**
 - 2) **Public awareness regarding Skin Diseases**



Following are some valuable moments of free medical camps organized by Kayachikitsa department Teachers & PG Students:











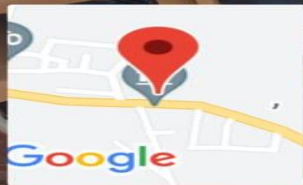
GPS Map Camera

Mumbai, Maharashtra, India
Podar hospital 2R28+QCX, Dr Annie Besant Rd, B Wing, BDD
Chawls Worli, Worli, Mumbai, Maharashtra 400018, India
Lat 19.001836°
Long 72.816097°
16/05/23 09:47 AM GMT +05:30



GPS Map Camera

Loni, Maharashtra, India
MV65+969, Loni, Maharashtra 424208, India
Lat 20.660882°
Long 75.858259°
29/01/23 09:51 AM GMT +05:30
kayachikita department



KAYACHIKITSA DEPARTMENT ACHIEVEMENTS AS AN EDUCATIONAL INSTITUTE

CMEs & SEMINAR CONDUCTED ON DIFFERENT TOPICS

1. CME ON RESEARCH METHODOLOGY AND STATISTICS

- **Date :19th &20th April, 2022**
- **Venue: Golden Jubilee Hall, R. A. Podar Medical College, Worli- Mumbai**



Introduction of Guest Speaker



Guest Speaker while describing his views with Crowd

2. CME ON IMMUNITY

- **Date: 2nd August 2022.**
- **Venue: R. A. Podar Medical College, Worli, Mumbai-18.**



Organizer while presenting Introductory Speech



Guest Speaker while describing his views with Crowd



**Participants of Kayachikitsa Department at in Valedictory Function
on the occasion of Azadi ka Amrut Mahotsava.**

3. NATIONAL SEMINAR ON GOOD CLINICAL PRACTICES

- **Date: 11th November 2022**
- **Venue: Golden Jubilee Hall, R. A. Podar Medical College, Worli, Mumbai-18**



The official Examiner from MCIM for this Event



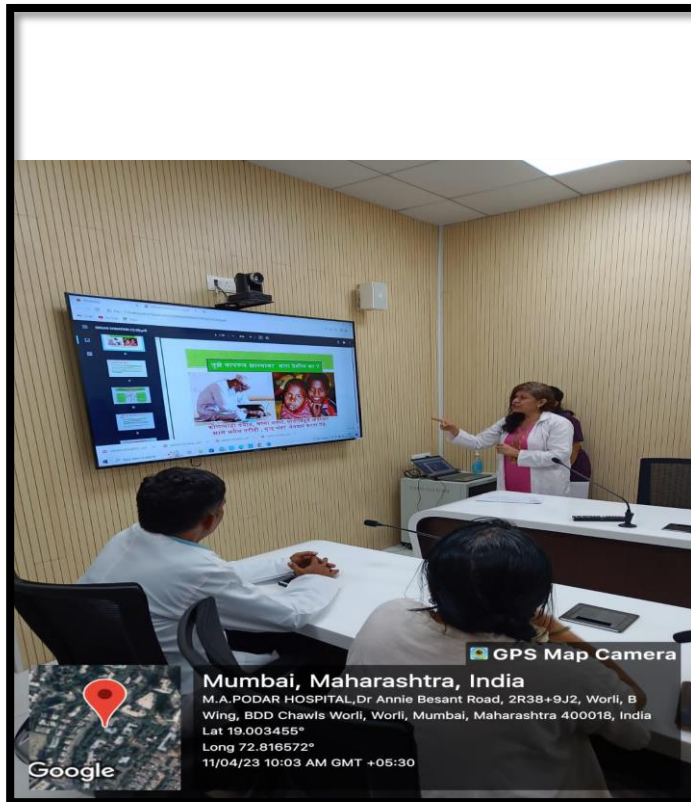
Huge crowd while listening



31 Participants of Kayachikitsa Department at Valedictory Function

ORGAN DONATION AWARENESS PROGRAMME

- **Date: 15th April 2023**
- **Venue: R. A. Podar Medical College, Worli, Mumbai-18.**



Organizer while describing the importance of Organ Transplant/ Donation



Education Of UG, PG Students/, Internee by Slide show



Education of Security Guards by Slide Show



Education of Technician and Compounders by Slide Show

**Interaction between educational trip of MD and Ph. D Students (Chikitsa),
AIIA, New Delhi.
And MD and Ph. D. Students of (Chikitsa), R. A. Podar Medical College,
Mumbai-18**



**Dr. Sampada Sant, Dean of R.A. Podar Medical College attached to
M. A. Podar(Govt.)Hospital , Worli, Mumbai-18
while discussing and inaugurating the above said Educational tour
Event**



**Kayachikitsa Teachers and PG Students
while interacting AIIA,Delhi delegates**

