

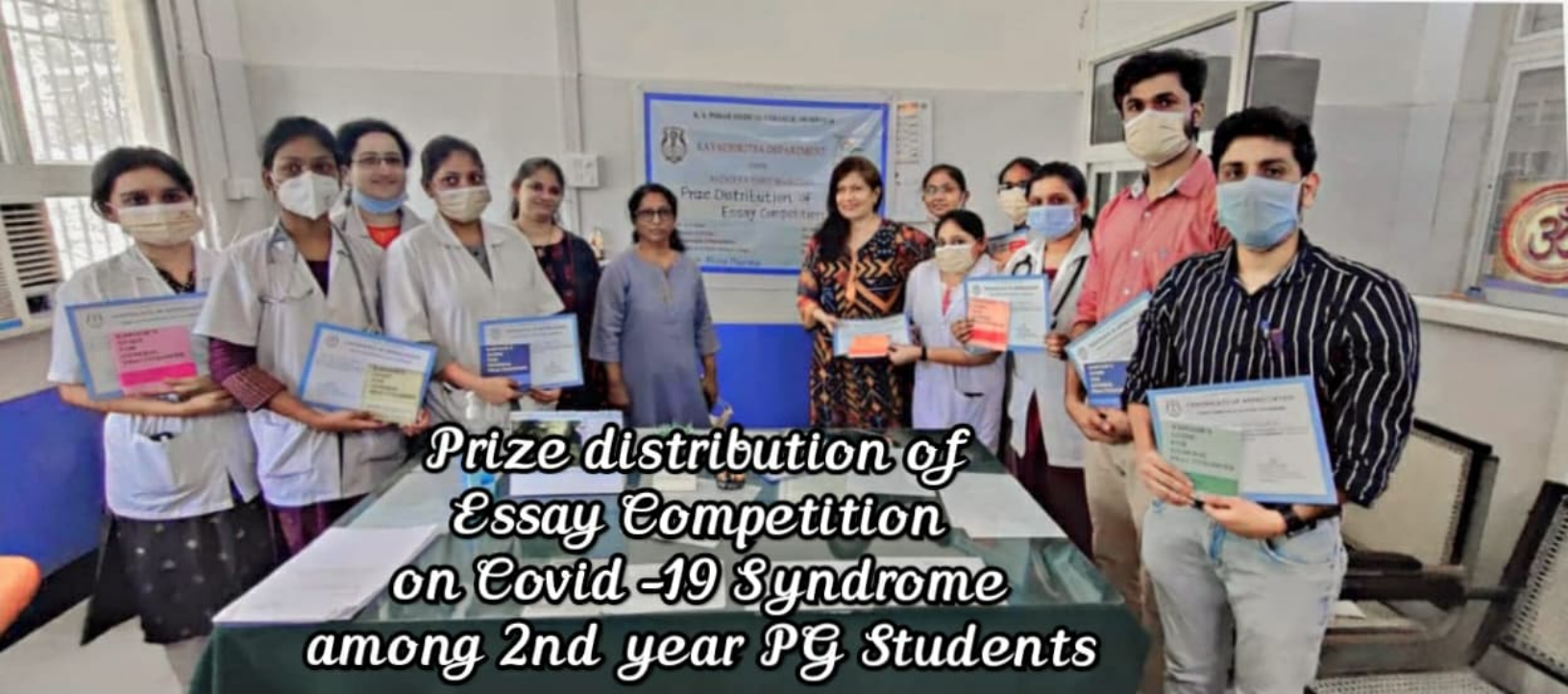
REPORT OF ESSAY COMPETITION
HELD ON 20TH APRIL, 2022
AT KAYACHIKITSA DEPARTMENT,
R. A. PODAR MEDICAL COLLEGE, MUMBAI-18
UNDER AZADI KA AMRIT MAHOTSAV

- The event was organized by Dr. Geeta Parulkar, Head and Professor (Kayachikitsa) under R. A. Podar Medical College (Govt.), Worli, Mumbai- 18.
- Dr. Sayali Pingale and Dr. Manisha Ingle, MD (Kayachikitsa Sch.) (3rd year), R. A. Podar Medical College (Govt.), Worli, Mumbai- 18 were Co-ordinators of this event.
- 18 (2nd and 3rd year) MD students registered for this competition.

- **Rules and regulations for Essay Competition declared intime as follows:**
 - I. Topics for Essay Competition –**
 1. COVID -19 Syndrome: Ayurvedic approach
 2. COVID -19 Ailment: Comparative study of Ayurvedic and Modern approach
 3. Viral infections in COVID-19 in Today's Era
 4. Management by Yoga and Ayurveda as a mix therapy in COVID - 19 Disease
 - II. Rules:**
 1. Name of Student and Guide should be mentioned.
 2. Title of essay should be written in bold letters with Font size for Title-16
 3. Language and font- English (Times New Roman) & Sanskrit (Barah/Mangal)
 4. Font size for the rest part of essay – 12
 5. Spacings for the rest part of essay - 1.5
 6. Word limit - 500 words including Abstract in the beginning

III. Submit soft copy on email - rapmckayachikitsa@gmail.com and hard copy to Kayachikitsa Department, till 20TH April, 2022.

- Hard and Soft copies received by HOD.
- Volunteers –
 - Dr. Sayali Pingale (MD Student and Co-Ordinator)
 - Dr. Manisha Ingle (MD Student and Co-Ordinator)
 - Dr. Syed Mujahid Ali (MD Student)
 - Dr. Pramila Ahire (MD Student)
- Distribution of Hard copies of certificates done in Department by Organizer on 30th April 2022.
- Students awarded by Medical Books for encouragement.



**Prize distribution of
Essay Competition
on Covid -19 Syndrome
among 2nd year PG Students**