

R. A. Podar Medical College (Ayu)
Department of Rasashastra & Bhaishajya Kalpana
Dr. Annie Besant Road. Worli. Mumbai

Date: 21/01/2022

REPORT OF AAMLA MOHOSTAV COMPETITION IN RS & BK DEPARTMENT

Our department conducted “*Aamla Mohatsav Competition*” for the Post Graduate students of our Department. The students were to come with innovative ideas of preparing various recipes from *Aamla* which will make it more palatable, will enhance or preserve its nutritional value and that which will appeal the mass. Each student was to prepare two recipes.

Theme : *Aamla* Recieps having Most Nutritional Value

Date : 20/01/2022

Time: 11am to 2pm.

Venue: Practical Hall of Rasashatra and Bhaishajya Kalpana.

Participants: Post graduate students of Rasashastra and Bhaishajya Kalpana department. 5 students in all participated in the Competition.

Judges:

- 1) Dr. Seema Atram, Assistant Proffessor, Dravyaguna Department.
- 2) Dr. Savita Samleti, Assistant Proffessor, Agad Tantra Department.
- 3) Dr. Jyoti Bonde, Assistant Proffessor, Sanhita Department.
- 4) Dr. Priya Naik, Assistant Proffessor, Sanhita Department.

Students and Their Recipes:

1) Dr.Mukund Dhotre : A) Aamlaki Rasayan Chocolate

B) Aamlaki Rasayan Chikki

2) Dr. Pooja Patade : A) Avala Candy

B) Tempting Gooseberry

3) Dr. Pranita Ramteke : A) Childhood Avala Candy

B) Mukhvaas

4) Dr. Reshma Phalgunan KV: A) Aamla Buttermilk

B) Aamlaki Halava

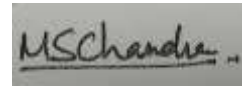
5) Dr. Omkar Jadhav : A) Aavla lonche

B) Moravala

2 recipes won prizes.

First Prize: Tempting Gooseberry by Dr. Pooja Patade.

Second Prize: Mukhavaas by Dr. Pranita Ramteke.



HOD

RSBK Department

R A Podar Medical College(Ayu)

Worli. Mumbai.



आमलकी रसायन
चिककी



आमलकी रसायन
chocolate 21/3/20



आमलकी लोन्ने



मोरकका



Jempting Gooseberry



आवला कॅन्डी





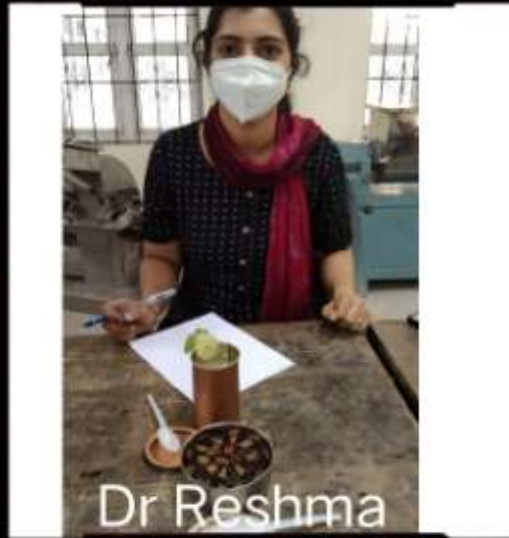
Dr.Pooja

one



Dr Omkar

two



Dr Reshma

three



Dr Pranita

four



Dr Mukund

All the Participants.



The RSBK
dept.



The Judging



The Whole
Team